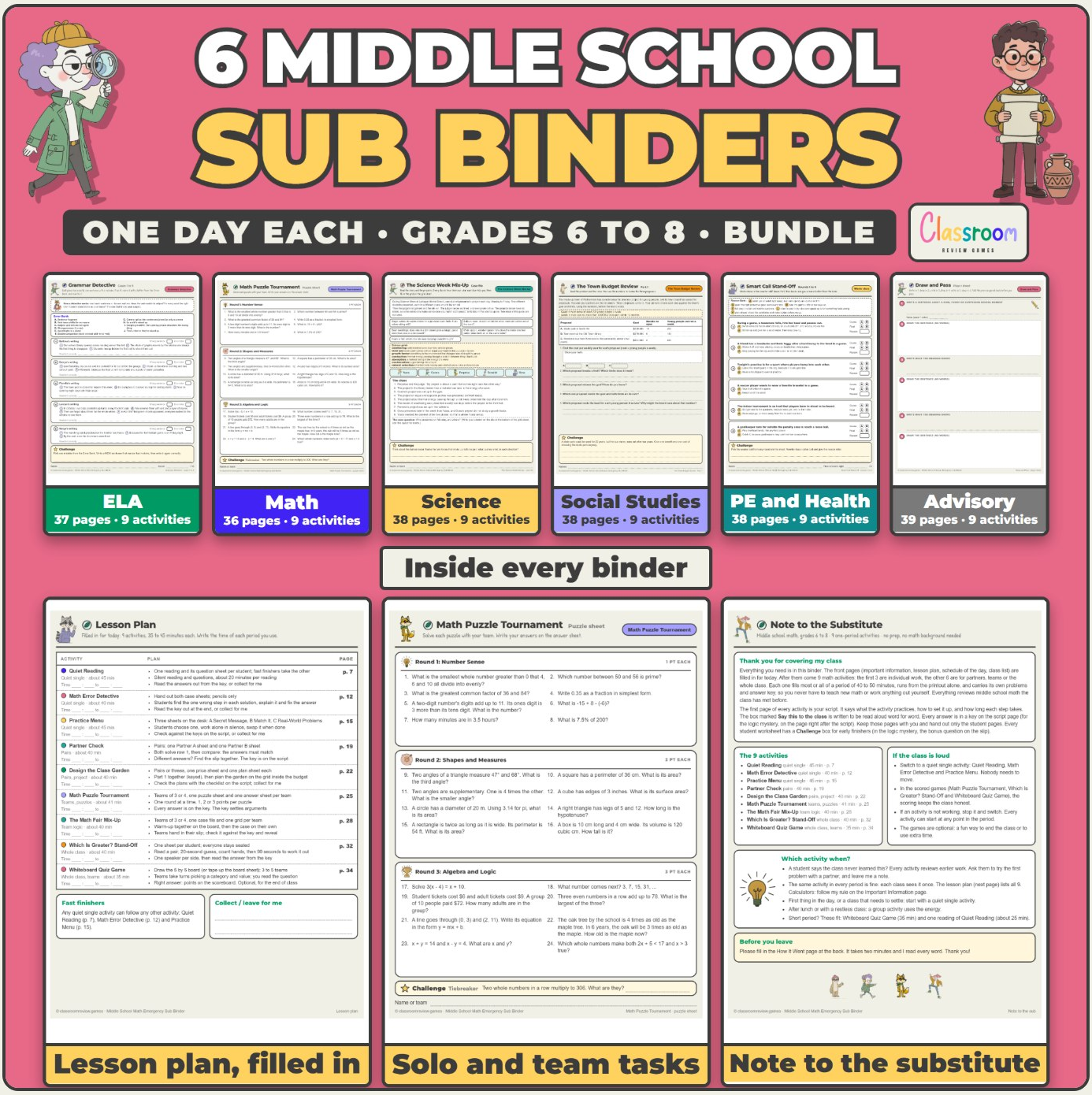
6 Emergency Sub Binders Bundle: Middle School Sub Plans, Every Subject, No Prep

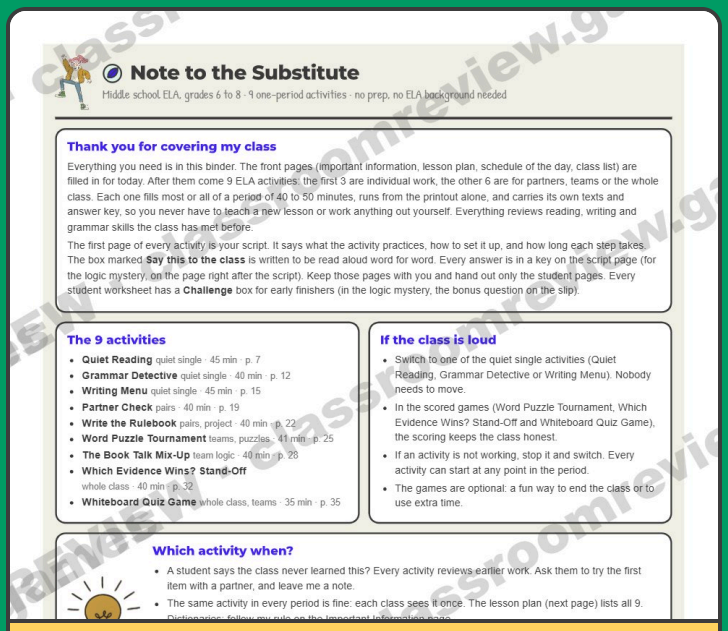
BUNDLE PREVIEW Everything in this bundle, on one page. Sample pages of each product follow.

WHAT'S INCLUDED: 6 PRODUCTS



KIT 1 OF 6 37 pages · 9 activities · one day · grades 6 to 8

Middle School ELA Emergency Sub Binder



Note to the Substitute

Middle school ELA, grades 6 to 8 · 9 one-period activities · no prep, no ELA background needed

Thank you for covering my class

Everything you need is in this binder. The front pages (important information, lesson plan, schedule of the day, class list) are filled in for today. After them come 9 ELA activities: the first 3 are individual work, the other 6 are for partners, teams or the whole class. Each one fills most or all of a period of 40 to 50 minutes, runs from the printout alone, and carries its own texts and answer key, so you never have to teach a new lesson or work anything out yourself. Everything reviews reading, writing and grammar skills the class has met before.

The first page of every activity is your script. It says what the activity practices, how to set it up, and how long each step takes. The box marked **Say this to the class** is written to be read aloud word for word. Every answer is in a key on the script page (for the logic mystery, on the page right after the script). Keep those pages with you and hand out only the student pages. Every student worksheet has a **Challenge** box for early finishers (in the logic mystery, the bonus question on the slip).

The 9 activities

- **Quiet Reading** quiet single · 45 min · p. 7
- **Grammar Detective** quiet single · 40 min · p. 12
- **Writing Menu** quiet single · 45 min · p. 15
- **Partner Check** pairs · 40 min · p. 19
- **Write the Rulebook** pairs, project · 40 min · p. 22
- **Word Puzzle Tournament** teams, puzzles · 41 min · p. 25
- **The Book Talk Mix-Up** team logic · 40 min · p. 28
- **Which Evidence Wins? Stand-Off** whole class · 40 min · p. 32
- **Whiteboard Quiz Game** whole class, teams · 35 min · p. 35

If the class is loud

- Switch to one of the quiet single activities (Quiet Reading, Grammar Detective or Writing Menu). Nobody needs to move.
- In the scored games (Word Puzzle Tournament, Which Evidence Wins? Stand-Off and Whiteboard Quiz Game), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every activity can start at any point in the period.
- The games are optional: a fun way to end the class or to use extra time.

Which activity when?

- A student says the class never learned this? Every activity reviews earlier work. Ask them to try the first item with a partner, and leave me a note.
- The same activity in every period is fine: each class sees it once. The lesson plan (next page) lists all 9.

Note to the substitute

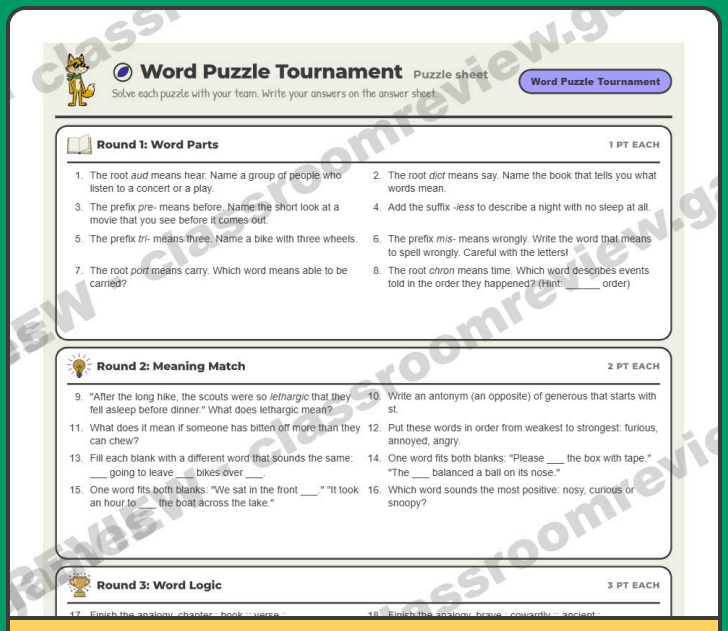


Lesson Plan

Filled in for today: 9 activities, 35 to 45 minutes each. Write the time of each period you use.

ACTIVITY	PLAN	PAGE
Quiet Reading Quiet single · about 45 min Time ___ : ___ to ___ : ___	• One reading and its question sheet per student; fast finishers take the other • Silent reading and questions, about 20 minutes per reading • Read the answers out from the key, or collect for me	p. 7
Grammar Detective Quiet single · about 40 min Time ___ : ___ to ___ : ___	• Hand out both case sheets; pencils only • Students find the one wrong sentence in each piece, name the mistake and fix it • Read the key out at the end, or collect for me	p. 12
Writing Menu Quiet single · about 45 min Time ___ : ___ to ___ : ___	• Three sheets on the desk: A Story Starter, B Make Your Case, C Notes to Paragraph • Students choose one, plan, write alone in silence, then check with the checklist • Collect for me; the models are on the script	p. 15
Partner Check Pairs · about 40 min Time ___ : ___ to ___ : ___	• Pairs: one Partner A sheet and one Partner B sheet • Both do row 1, then compare: the answers must match • Different answers? Reread and talk it through. The key is on the script	p. 19
Write the Rulebook Pairs, project · about 40 min Time ___ : ___ to ___ : ___	• Pairs or threes, one Part 1 sheet and one Part 2 sheet per group • Part 1 together (keyed), then invent a word game and write its rulebook • Check the rulebooks with the checklist on the script; collect for me	p. 22
Word Puzzle Tournament Teams, puzzles · about 41 min Time ___ : ___ to ___ : ___	• Teams of 3 or 4, one puzzle sheet and one answer sheet per team • One round at a time, 1, 2 or 3 points per puzzle • Every answer is on the key. The key settles arguments	p. 25
The Book Talk Mix-Up Team logic · about 40 min Time ___ : ___ to ___ : ___	• Teams of 3 or 4, one case file and one grid per team • Warm-up together on the board, then the case on their own • Teams hand in their slip; check it against the key and reveal	p. 28
Which Evidence Wins? Stand-Off Whole class · about 40 min Time ___ : ___ to ___ : ___	• Both stand-off sheets to every student; everyone stays seated • Read a round, 20-second guess, count hands, then a minute to decide • One speaker per side, then read the answer from the key	p. 32
Whiteboard Quiz Game Whole class, teams · about 35 min Time ___ : ___ to ___ : ___	• Draw the 5 by 5 board (or tape up the board sheet), 3 to 5 teams • Teams take turns picking a category and value; you read the question • Right answer: points on the scoreboard. Optional, for the end of class	p. 35

Lesson plan, filled in



Word Puzzle Tournament

Puzzle sheet

Word Puzzle Tournament

Solve each puzzle with your team. Write your answers on the answer sheet.

Round 1: Word Parts — 1 PT EACH

1. The root *aud* means hear. Name a group of people who listen to a concert or a play.
2. The root *dict* means say. Name the book that tells you what words mean.
3. The prefix *pre-* means before. Name the short look at a movie that you see before it comes out.
4. Add the suffix *-less* to describe a night with no sleep at all.
5. The prefix *tri-* means three. Name a bike with three wheels.
6. The prefix *mis-* means wrongly. Write the word that means to spell wrongly. Careful with the letters!
7. The root *port* means carry. Which word means able to be carried?
8. The root *chron* means time. Which word describes events told in the order they happened? (Hint: _____ order)

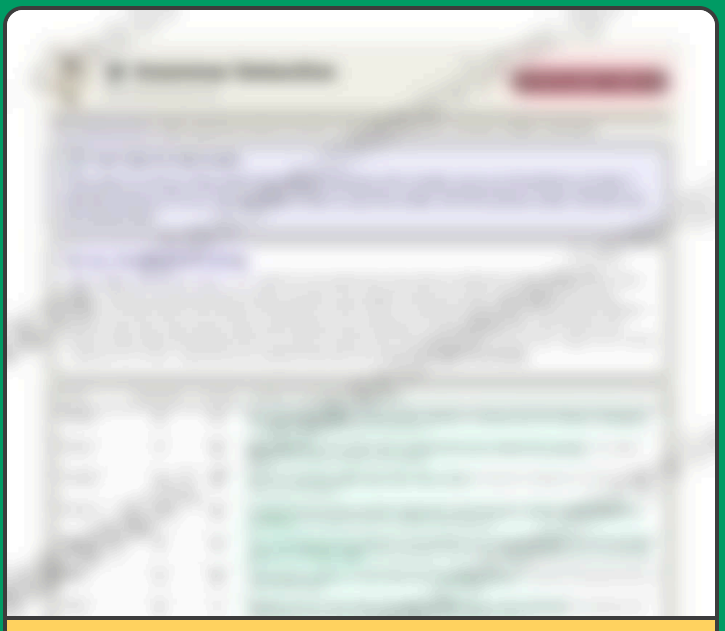
Round 2: Meaning Match — 2 PT EACH

9. "After the long hike, the scouts were so *lethargic* that they fell asleep before dinner." What does lethargic mean?
10. Write an antonym (an opposite) of generous that starts with st.
11. What does it mean if someone has bitten off more than they can chew?
12. Put these words in order from weakest to strongest: furious, annoyed, angry.
13. Fill each blank with a different word that sounds the same: ___ going to leave ___ bikes over ___.
14. One word fits both blanks: "Please ___ the box with tape." "The ___ balanced a ball on its nose."
15. One word fits both blanks: "We sat in the front ___." "It took an hour to ___ the boat across the lake."
16. Which word sounds the most positive: nosy, curious or snoopy?

Round 3: Word Logic — 3 PT EACH

17. Finish the analogy. chapter : book :: verse :
18. Finish the analogy. brave : cowardly :: ancient :

An activity page



Sub script and answer key



Middle School ELA Emergency Sub Binder

Emergency sub plans for middle school ELA, grades 6 to 8. The sub needs no ELA background: every step is on the page.

PREVIEW

What is included

- 7 front pages: binder cover, important information, note to the sub, the lesson plan filled in, schedule, class list and dismissal, how it went
- 9 activities, each with its own sub script and student pages (30 pages)
- 3 individual activities and 6 partner, team or whole-class activities
- A Say this to the class script for every activity, a star challenge on every worksheet, every answer in a key
- Color and ink-saver B&W, US Letter and A4

How it works

1. Leave the binder out. The lesson plan lists every activity with its page and minutes.
2. The sub reads the Say this to the class box word for word.
3. Students work from their own pages, with the steps on the page. The sub needs no ELA background: every answer is in the key.
4. No prep and no tech: print and go.

The 9 activities, 35 to 45 minutes each

1. **Quiet Reading**, 45 min SOLO: central idea, vocabulary in context, inference, text structure, evidence, character and theme
2. **Grammar Detective**, 40 min SOLO: editing: agreement, pronouns, its and it's, comma splices, fragments, verb tense, modifiers, apostrophes
3. **Writing Menu**, 45 min SOLO: narrative writing with dialogue, a claim with evidence and a counterclaim, sequence and transitions
4. **Partner Check**, 40 min PAIRS: figurative language, point of view, sentence types, parts of speech, context clues, prefixes, structure and tone
5. **Write the Rulebook**, 40 min PAIRS: purpose and audience, clear procedural writing, commands, vague pronouns and exact words
6. **Word Puzzle Tournament**, 41 min TEAMS: roots, prefixes and suffixes, context clues, antonyms, idioms, homophones, connotation, analogies and anagrams
7. **The Book Talk Mix-Up**, 40 min TEAMS: close reading and inference: genres from blurbs, details in quotes, reasoning from clues instead of guessing
8. **Which Evidence Wins? Stand-Off**, 40 min WHOLE CLASS: evaluating evidence: fact or opinion, relevance, specific details, trustworthy and current sources, enough data
9. **Whiteboard Quiz Game**, 35 min WHOLE CLASS: a review of this binder: grammar, word parts, figurative language, reading terms and evidence

What this preview shows: the note to the substitute, the lesson plan, the other front pages, one page of every activity, a sub script, four more student pages and one ink-saver page. Every product page is watermarked, and no answer key is shown. The full binder has 37 pages.



Note to the Substitute

Middle school ELA, grades 6 to 8 · 9 one-period activities · no prep, no ELA background needed

Thank you for covering my class

Everything you need is in this binder. The front pages (important information, lesson plan, schedule of the day, class list) are filled in for today. After them come 9 ELA activities: the first 3 are individual work, the other 6 are for partners, teams or the whole class. Each one fills most or all of a period of 40 to 50 minutes, runs from the printout alone, and carries its own texts and answer key, so you never have to teach a new lesson or work anything out yourself. Everything reviews reading, writing and grammar skills the class has met before.

The first page of every activity is your script. It says what the activity practices, how to set it up, and how long each step takes. The box marked **Say this to the class** is written to be read aloud word for word. Every answer is in a key on the script page (for the logic mystery, on the page right after the script). Keep those pages with you and hand out only the student pages. Every student worksheet has a **Challenge** box for early finishers (in the logic mystery, the bonus question on the slip).

The 9 activities

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If the class is loud

- Switch to one of the quiet single activities (Quiet Reading, Grammar Detective or Writing Menu). Nobody needs to move.
- In the scored games (Word Puzzle Tournament, Which Evidence Wins? Stand-Off and Whiteboard Quiz Game), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every activity can start at any point in the period.
- The games are optional: a fun way to end the class or to use extra time.

Which activity when?



- A student says the class never learned this? Every activity reviews earlier work. Ask them to try the first item with a partner, and leave me a note.
- The same activity in every period is fine: each class sees it once. The lesson plan (next page) lists all 9. Dictionaries: follow my rule on the Important Information page.
- First thing in the day, or a class that needs to settle: start with a quiet single activity.
- After lunch or with a restless class: a group activity uses the energy.
- Short period? These fit: Whiteboard Quiz Game (35 min) and one reading of Quiet Reading (about 25 min).

Before you leave

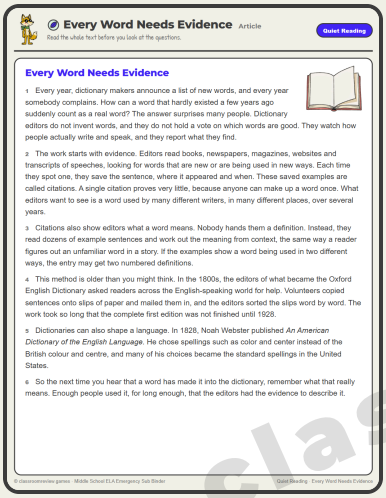
Please fill in the How It Went page at the back. It takes two minutes and I read every word. Thank you!



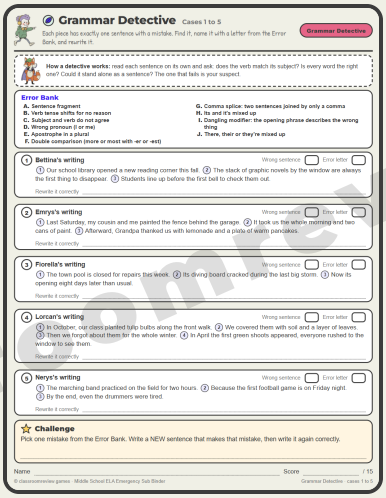
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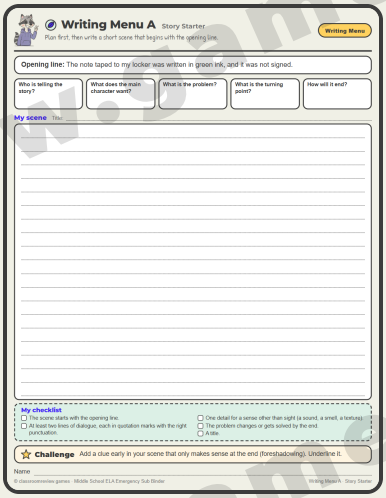
ONE PAGE OF EVERY ACTIVITY



1. Quiet Reading, 45 min (solo)



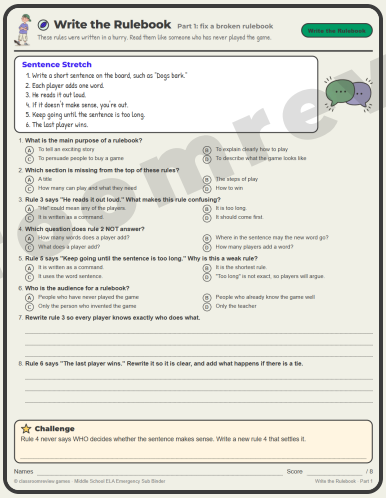
2. Grammar Detective, 40 min (solo)



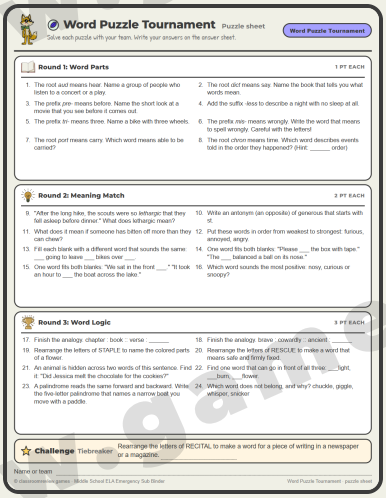
3. Writing Menu, 45 min (solo)



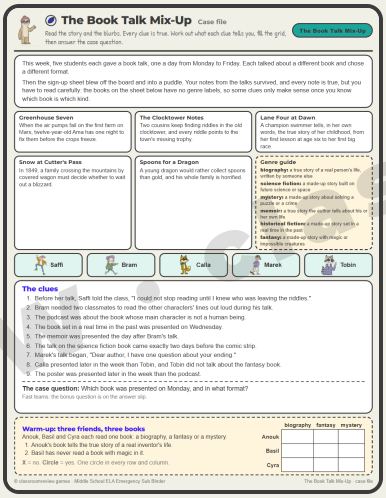
4. Partner Check, 40 min (pairs)



5. Write the Rulebook, 40 min (pairs)



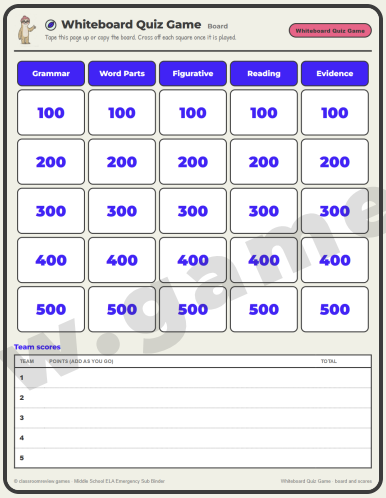
6. Word Puzzle Tournament, 41 min (teams)



7. The Book Talk Mix-Up, 40 min (teams)



8. Which Evidence Wins? Stand-Off, 40 min (whole class)



9. Whiteboard Quiz Game, 35 min (whole class)

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Every activity also has a sub script with a Say this to the class box



Grammar Detective

Cases 1 to 5

Each piece has exactly one sentence with a mistake. Find it, name it with a letter from the Error Bank, and rewrite it.

Grammar Detective



How a detective works: read each sentence on its own and ask: does the verb match its subject? Is every word the right one? Could it stand alone as a sentence? The one that fails is your suspect.

Error Bank

A. Sentence fragment
B. Verb tense shifts for no reason
C. Subject and verb do not agree
D. Wrong pronoun (I or me)
E. Apostrophe in a plural
F. Double comparison (more or most with -er or -est)
G. Comma splice: two sentences joined by only a comma
H. Its and it's mixed up
I. Dangling modifier: the opening phrase describes the wrong thing
J. There, their or they're mixed up

1 Bettina's writing

Wrong sentence ☐ Error letter ☐

(1) Our school library opened a new reading corner this fall. (2) The stack of graphic novels by the window are always the first thing to disappear. (3) Students line up before the first bell to check them out.

Rewrite it correctly .....

2 Emrys's writing

Wrong sentence ☐ Error letter ☐

(1) Last Saturday, my cousin and me painted the fence behind the garage. (2) It took us the whole morning and two cans of paint. (3) Afterward, Grandpa thanked us with lemonade and a plate of warm pancakes.

Rewrite it correctly .....

3 Fiorella's writing

Wrong sentence ☐ Error letter ☐

(1) The town pool is closed for repairs this week. (2) Its diving board cracked during the last big storm. (3) Now its opening eight days later than usual.

Rewrite it correctly .....

4 Lorcan's writing

Wrong sentence ☐ Error letter ☐

(1) In October, our class planted tulip bulbs along the front walk. (2) We covered them with soil and a layer of leaves. (3) Then we forgot about them for the whole winter. (4) In April the first green shoots appeared, everyone rushed to the window to see them.

Rewrite it correctly .....

5 Nerys's writing

Wrong sentence ☐ Error letter ☐

(1) The marching band practiced on the field for two hours. (2) Because the first football game is on Friday night. (3) By the end, even the drummers were tired.

Rewrite it correctly .....

★ Challenge

Pick one mistake from the Error Bank. Write a NEW sentence that makes that mistake, then write it again correctly.

.....

Name ..... Score ..... / 15

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Word Puzzle Tournament

Puzzle sheet

Solve each puzzle with your team. Write your answers on the answer sheet.

Word Puzzle Tournament

Round 1: Word Parts

1 PT EACH

1. The root *aud* means hear. Name a group of people who listen to a concert or a play.
2. The root *dict* means say. Name the book that tells you what words mean.
3. The prefix *pre-* means before. Name the short look at a movie that you see before it comes out.
4. Add the suffix *-less* to describe a night with no sleep at all.
5. The prefix *tri-* means three. Name a bike with three wheels.
6. The prefix *mis-* means wrongly. Write the word that means to spell wrongly. Careful with the letters!
7. The root *port* means carry. Which word means able to be carried?
8. The root *chron* means time. Which word describes events told in the order they happened? (Hint: _____ order)

Round 2: Meaning Match

2 PT EACH

9. "After the long hike, the scouts were so *lethargic* that they fell asleep before dinner." What does lethargic mean?
10. Write an antonym (an opposite) of generous that starts with st.
11. What does it mean if someone has bitten off more than they can chew?
12. Put these words in order from weakest to strongest: furious, annoyed, angry.
13. Fill each blank with a different word that sounds the same: ___ going to leave ___ bikes over ___.
14. One word fits both blanks: "Please ___ the box with tape." "The ___ balanced a ball on its nose."
15. One word fits both blanks: "We sat in the front ___." "It took an hour to ___ the boat across the lake."
16. Which word sounds the most positive: nosy, curious or snoopy?

Round 3: Word Logic

3 PT EACH

17. Finish the analogy. chapter : book :: verse : _____
18. Finish the analogy. brave : cowardly :: ancient : _____
19. Rearrange the letters of STAPLE to name the colored parts of a flower.
20. Rearrange the letters of RESCUE to make a word that means safe and firmly fixed.
21. An animal is hidden across two words of this sentence. Find it: "Did Jessica melt the chocolate for the cookies?"
22. Find one word that can go in front of all three: ___light, ___burn, ___flower.
23. A palindrome reads the same forward and backward. Write the five-letter palindrome that names a narrow boat you move with a paddle.
24. Which word does not belong, and why? chuckle, giggle, whisper, snicker

Challenge Tiebreaker — Rearrange the letters of RECITAL to make a word for a piece of writing in a newspaper or a magazine. _____

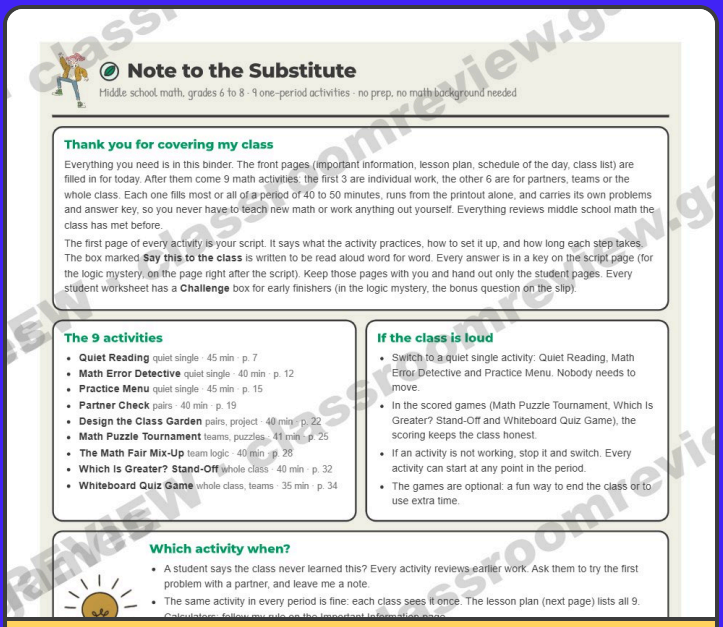
Name or team _____

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KIT 2 OF 6 · 36 pages · 9 activities · one day · grades 6 to 8

Middle School Math Emergency Sub Binder



Note to the Substitute

Middle school math, grades 6 to 8 · 9 one-period activities · no prep, no math background needed

Thank you for covering my class

Everything you need is in this binder. The front pages (important information, lesson plan, schedule of the day, class list) are filled in for today. After them come 9 math activities: the first 3 are individual work, the other 6 are for partners, teams or the whole class. Each one fills most or all of a period of 40 to 50 minutes, runs from the printout alone, and carries its own problems and answer key, so you never have to teach new math or work anything out yourself. Everything reviews middle school math the class has met before.

The first page of every activity is your script. It says what the activity practices, how to set it up, and how long each step takes. The box marked **Say this to the class** is written to be read aloud word for word. Every answer is in a key on the script page (for the logic mystery, on the page right after the script). Keep those pages with you and hand out only the student pages. Every student worksheet has a **Challenge** box for early finishers (in the logic mystery, the bonus question on the slip).

The 9 activities

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- **Math Error Detective** quiet single · 40 min · p. 12
- **Practice Menu** quiet single · 45 min · p. 15
- **Partner Check** pairs · 40 min · p. 19
- **Design the Class Garden** pairs, project · 40 min · p. 22
- **Math Puzzle Tournament** teams, puzzles · 41 min · p. 25
- **The Math Fair Mix-Up** team logic · 40 min · p. 28
- **Which Is Greater? Stand-Off** whole class · 40 min · p. 32
- **Whiteboard Quiz Game** whole class, teams · 35 min · p. 34

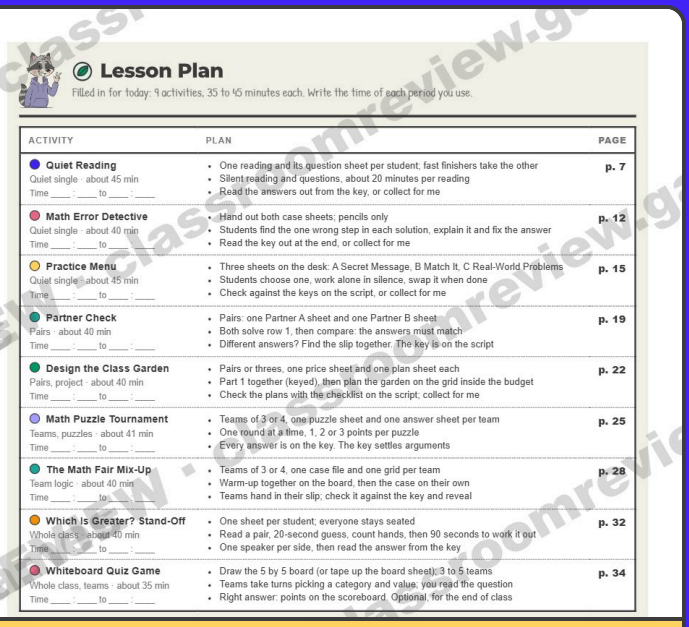
If the class is loud

- Switch to a quiet single activity: Quiet Reading, Math Error Detective and Practice Menu. Nobody needs to move.
- In the scored games (Math Puzzle Tournament, Which Is Greater? Stand-Off and Whiteboard Quiz Game), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every activity can start at any point in the period.
- The games are optional: a fun way to end the class or to use extra time.

Which activity when?

- A student says the class never learned this? Every activity reviews earlier work. Ask them to try the first problem with a partner, and leave me a note.
- The same activity in every period is fine: each class sees it once. The lesson plan (next page) lists all 9.
- Calculators: follow my rule on the Important Information page.

Note to the substitute

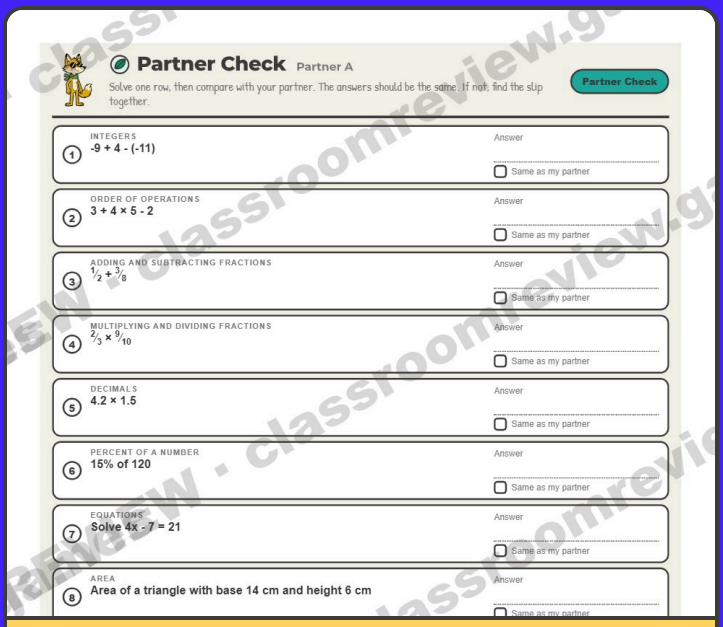


Lesson Plan

Filled in for today: 9 activities, 35 to 45 minutes each. Write the time of each period you use.

ACTIVITY	PLAN	PAGE
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Math Error Detective Quiet single · about 40 min Time ___ : ___ to ___ : ___	• Hand out both case sheets; pencils only • Students find the one wrong step in each solution, explain it and fix the answer • Read the key out at the end, or collect for me	p. 12
Practice Menu Quiet single · about 45 min Time ___ : ___ to ___ : ___	• Three sheets on the desk: A Secret Message, B Match It, C Real-World Problems • Students choose one, work alone in silence, swap it when done • Check against the keys on the script, or collect for me	p. 15
Partner Check Pairs · about 40 min Time ___ : ___ to ___ : ___	• Pairs: one Partner A sheet and one Partner B sheet • Both solve row 1, then compare: the answers must match • Different answers? Find the slip together. The key is on the script	p. 19
Design the Class Garden Pairs, project · about 40 min Time ___ : ___ to ___ : ___	• Pairs or threes, one price sheet and one plan sheet each • Part 1 together (keyed), then plan the garden on the grid inside the budget • Check the plans with the checklist on the script, collect for me	p. 22
Math Puzzle Tournament Teams, puzzles · about 41 min Time ___ : ___ to ___ : ___	• Teams of 3 or 4, one puzzle sheet and one answer sheet per team • One round at a time, 1, 2 or 3 points per puzzle • Every answer is on the key. The key settles arguments	p. 25
The Math Fair Mix-Up Team logic · about 40 min Time ___ : ___ to ___ : ___	• Teams of 3 or 4, one case file and one grid per team • Warm-up together on the board, then the case on their own • Teams hand in their slip; check it against the key and reveal	p. 28
Which Is Greater? Stand-Off Whole class · about 40 min Time ___ : ___ to ___ : ___	• One sheet per student; everyone stays seated • Read a pair, 20-second guess, count hands, then 90 seconds to work it out • One speaker per side, then read the answer from the key	p. 32
Whiteboard Quiz Game Whole class, teams · about 35 min Time ___ : ___ to ___ : ___	• Draw the 5 by 5 board (or tape up the board sheet); 3 to 5 teams • Teams take turns picking a category and value; you read the question • Right answer: points on the scoreboard. Optional, for the end of class	p. 34

Lesson plan, filled in



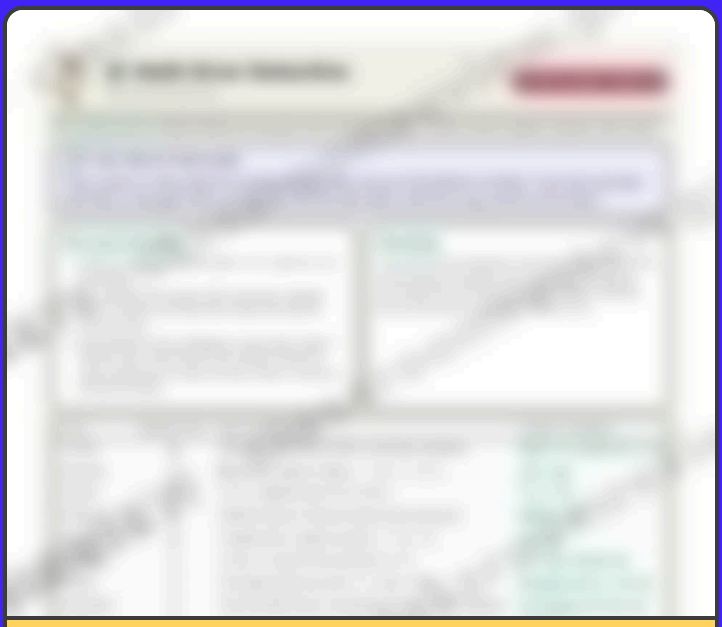
Partner Check Partner A

Solve one row, then compare with your partner. The answers should be the same. If not, find the slip together.

Partner Check

		Answer
1	INTEGERS -9 + 4 - (-11)	Same as my partner
2	ORDER OF OPERATIONS 3 + 4 × 5 - 2	Same as my partner
3	ADDING AND SUBTRACTING FRACTIONS $\frac{1}{2} + \frac{3}{8}$	Same as my partner
4	MULTIPLYING AND DIVIDING FRACTIONS $\frac{2}{3} \times \frac{9}{10}$	Same as my partner
5	DECIMALS 4.2 × 1.5	Same as my partner
6	PERCENT OF A NUMBER 15% of 120	Same as my partner
7	EQUATIONS Solve 4x - 7 = 21	Same as my partner
8	AREA Area of a triangle with base 14 cm and height 6 cm	Same as my partner

An activity page



Sub script and answer key

classroomreview.games · PREVIEW



Middle School Math Emergency Sub Binder

Emergency sub plans for middle school math, grades 6 to 8. The sub needs no math background: every step is on the page.

PREVIEW

What is included

- 7 front pages: binder cover, important information, note to the sub, the lesson plan filled in, schedule, class list and dismissal, how it went
- 9 activities, each with its own sub script and student pages (29 pages)
- 3 individual activities and 6 partner, team or whole-class activities
- A Say this to the class script for every activity, a star challenge on every worksheet, every answer in a key
- Color and ink-saver B&W, US Letter and A4

How it works

1. Leave the binder out. The lesson plan lists every activity with its page and minutes.
2. The sub reads the Say this to the class box word for word.
3. Students work from their own pages, with the steps on the page. The sub needs no math background: every answer is in the key.
4. No prep and no tech: print and go.

The 9 activities, 35 to 45 minutes each

1. **Quiet Reading**, 45 min SOLO: reading for detail with math inside: area, rates, the mean, scale factors, multiplying fractions, money
2. **Math Error Detective**, 40 min SOLO: finding and fixing one wrong step: order of operations, integers, fractions, percent, equations, geometry, mean, powers
3. **Practice Menu**, 45 min SOLO: mixed review: integers, powers and roots, percent, equal values, expressions, real-world problems
4. **Partner Check**, 40 min PAIRS: integers, fractions, decimals, percent, equations, area, exponents and slope, checked with a partner
5. **Design the Class Garden**, 40 min PAIRS: area, perimeter and volume of garden beds, unit prices, rounding up, a percent coupon, a budget
6. **Math Puzzle Tournament**, 41 min TEAMS: number sense, angles, area, volume, the Pythagorean theorem, equations, sequences and systems
7. **The Math Fair Mix-Up**, 40 min TEAMS: percent increase, sums, differences and multiples, reasoning from clues instead of guessing
8. **Which Is Greater? Stand-Off**, 40 min WHOLE CLASS: comparing fractions, decimals, percents, negatives, powers, roots, area, volume and probability
9. **Whiteboard Quiz Game**, 35 min WHOLE CLASS: a review of this binder's math: percent, integers, equations, geometry, powers and roots

What this preview shows: the note to the substitute, the lesson plan, the other front pages, one page of every activity, a sub script, four more student pages and one ink-saver page. Every product page is watermarked, and no answer key is shown. The full binder has 36 pages.



Note to the Substitute

Middle school math, grades 6 to 8 · 9 one-period activities · no prep, no math background needed

Thank you for covering my class

Everything you need is in this binder. The front pages (important information, lesson plan, schedule of the day, class list) are filled in for today. After them come 9 math activities: the first 3 are individual work, the other 6 are for partners, teams or the whole class. Each one fills most or all of a period of 40 to 50 minutes, runs from the printout alone, and carries its own problems and answer key, so you never have to teach new math or work anything out yourself. Everything reviews middle school math the class has met before.

The first page of every activity is your script. It says what the activity practices, how to set it up, and how long each step takes. The box marked **Say this to the class** is written to be read aloud word for word. Every answer is in a key on the script page (for the logic mystery, on the page right after the script). Keep those pages with you and hand out only the student pages. Every student worksheet has a **Challenge** box for early finishers (in the logic mystery, the bonus question on the slip).

The 9 activities

- **Quiet Reading** quiet single · 45 min · p. 7
- **Math Error Detective** quiet single · 40 min · p. 12
- **Practice Menu** quiet single · 45 min · p. 15
- **Partner Check** pairs · 40 min · p. 19
- **Design the Class Garden** pairs, project · 40 min · p. 22
- **Math Puzzle Tournament** teams, puzzles · 41 min · p. 25
- **The Math Fair Mix-Up** team logic · 40 min · p. 28
- **Which Is Greater? Stand-Off** whole class · 40 min · p. 32
- **Whiteboard Quiz Game** whole class, teams · 35 min · p. 34

If the class is loud

- Switch to a quiet single activity: Quiet Reading, Math Error Detective and Practice Menu. Nobody needs to move.
- In the scored games (Math Puzzle Tournament, Which Is Greater? Stand-Off and Whiteboard Quiz Game), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every activity can start at any point in the period.
- The games are optional: a fun way to end the class or to use extra time.



Which activity when?

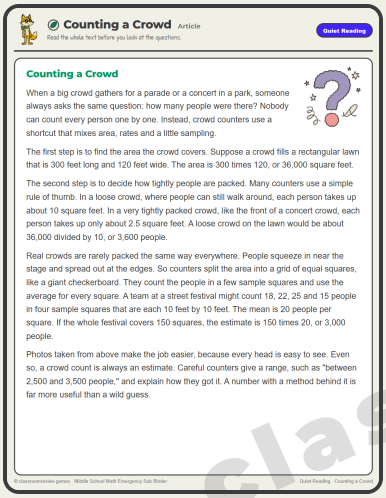
- A student says the class never learned this? Every activity reviews earlier work. Ask them to try the first problem with a partner, and leave me a note.
- The same activity in every period is fine: each class sees it once. The lesson plan (next page) lists all 9. Calculators: follow my rule on the Important Information page.
- First thing in the day, or a class that needs to settle: start with a quiet single activity.
- After lunch or with a restless class: a group activity uses the energy.
- Short period? These fit: Whiteboard Quiz Game (35 min) and one reading of Quiet Reading (about 25 min).

Before you leave

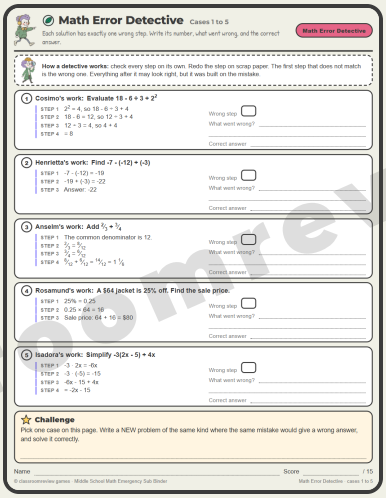
Please fill in the How It Went page at the back. It takes two minutes and I read every word. Thank you!



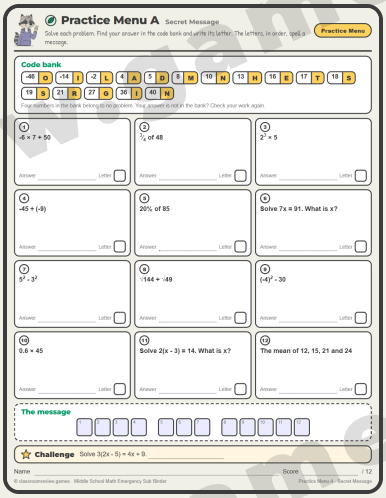
ONE PAGE OF EVERY ACTIVITY



1. Quiet Reading, 45 min (solo)



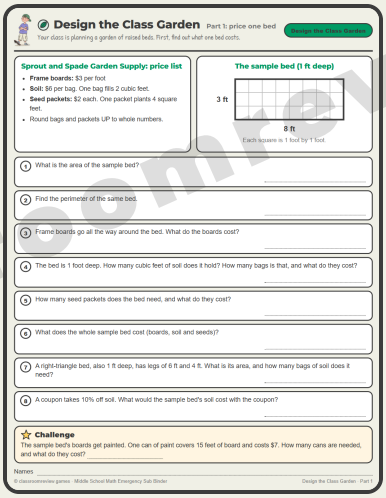
2. Math Error Detective, 40 min (solo)



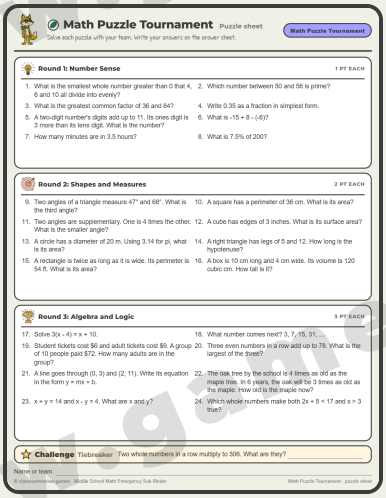
3. Practice Menu, 45 min (solo)



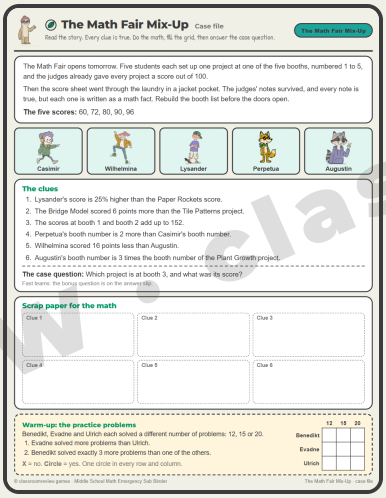
4. Partner Check, 40 min (pairs)



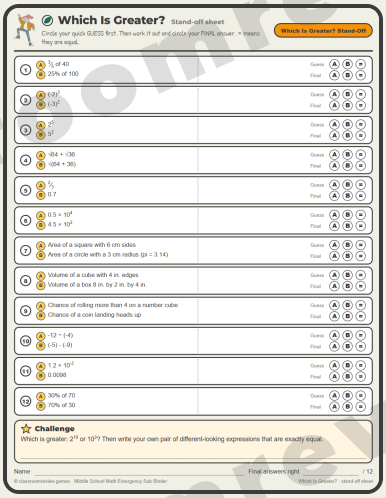
5. Design the Class Garden, 40 min (pairs)



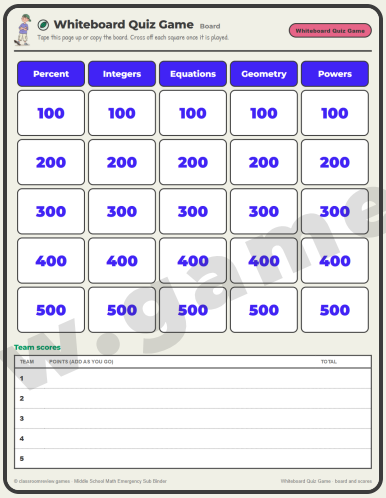
6. Math Puzzle Tournament, 41 min (teams)



7. The Math Fair Mix-Up, 40 min (teams)



8. Which Is Greater? Stand-Off, 40 min (whole class)



9. Whiteboard Quiz Game, 35 min (whole class)

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Every activity also has a sub script with a Say this to the class box



Math Error Detective

Cases 1 to 5

Each solution has exactly one wrong step. Write its number, what went wrong, and the correct answer.

Math Error Detective



How a detective works: check every step on its own. Redo the step on scrap paper. The first step that does not match is the wrong one. Everything after it may look right, but it was built on the mistake.

1 Cosimo's work: Evaluate $18 - 6 \div 3 + 2^2$

STEP 1 $2^2 = 4$, so $18 - 6 \div 3 + 4$
STEP 2 $18 - 6 = 12$, so $12 \div 3 + 4$
STEP 3 $12 \div 3 = 4$, so $4 + 4$
STEP 4 $= 8$

Wrong step ☐
What went wrong? .....
.....
Correct answer .....

2 Henrietta's work: Find -7 - (-12) + (-3)

STEP 1 $-7 - (-12) = -19$
STEP 2 $-19 + (-3) = -22$
STEP 3 Answer: -22

Wrong step ☐
What went wrong? .....
.....
Correct answer .....

3 Anselm's work: Add $\frac{2}{3} + \frac{3}{4}$

STEP 1 The common denominator is 12.
STEP 2 $\frac{2}{3} = \frac{8}{12}$
STEP 3 $\frac{3}{4} = \frac{6}{12}$
STEP 4 $\frac{8}{12} + \frac{6}{12} = \frac{14}{12} = 1\frac{1}{6}$

Wrong step ☐
What went wrong? .....
.....
Correct answer .....

4 Rosamund's work: A $64 jacket is 25% off. Find the sale price.

STEP 1 $25\% = 0.25$
STEP 2 $0.25 \times 64 = 16$
STEP 3 Sale price: $64 + 16 = \$80$

Wrong step ☐
What went wrong? .....
.....
Correct answer .....

5 Isadora's work: Simplify -3(2x - 5) + 4x

STEP 1 $-3 \cdot 2x = -6x$
STEP 2 $-3 \cdot (-5) = -15$
STEP 3 $-6x - 15 + 4x$
STEP 4 $= -2x - 15$

Wrong step ☐
What went wrong? .....
.....
Correct answer .....

Challenge

Pick one case on this page. Write a NEW problem of the same kind where the same mistake would give a wrong answer, and solve it correctly.

.....

Name ..... Score ..... / 15

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Math Puzzle Tournament

Puzzle sheet

Solve each puzzle with your team. Write your answers on the answer sheet.

Math Puzzle Tournament

Round 1: Number Sense

1 PT EACH

1. What is the smallest whole number greater than 0 that 4, 6 and 10 all divide into evenly?
2. Which number between 50 and 56 is prime?
3. What is the greatest common factor of 36 and 84?
4. Write 0.35 as a fraction in simplest form.
5. A two-digit number's digits add up to 11. Its ones digit is 3 more than its tens digit. What is the number?
6. What is -15 + 8 - (-6)?
7. How many minutes are in 3.5 hours?
8. What is 7.5% of 200?

Round 2: Shapes and Measures

2 PT EACH

9. Two angles of a triangle measure 47° and 68°. What is the third angle?
10. A square has a perimeter of 36 cm. What is its area?
11. Two angles are supplementary. One is 4 times the other. What is the smaller angle?
12. A cube has edges of 3 inches. What is its surface area?
13. A circle has a diameter of 20 m. Using 3.14 for pi, what is its area?
14. A right triangle has legs of 5 and 12. How long is the hypotenuse?
15. A rectangle is twice as long as it is wide. Its perimeter is 54 ft. What is its area?
16. A box is 10 cm long and 4 cm wide. Its volume is 120 cubic cm. How tall is it?

Round 3: Algebra and Logic

3 PT EACH

17. Solve $3(x - 4) = x + 10$.
18. What number comes next? 3, 7, 15, 31, ...
19. Student tickets cost $6 and adult tickets cost $9. A group of 10 people paid $72. How many adults are in the group?
20. Three even numbers in a row add up to 78. What is the largest of the three?
21. A line goes through (0, 3) and (2, 11). Write its equation in the form $y = mx + b$.
22. The oak tree by the school is 4 times as old as the maple tree. In 6 years, the oak will be 3 times as old as the maple. How old is the maple now?
23. $x + y = 14$ and $x - y = 4$. What are x and y?
24. Which whole numbers make both $2x + 5 < 17$ and $x > 3$ true?

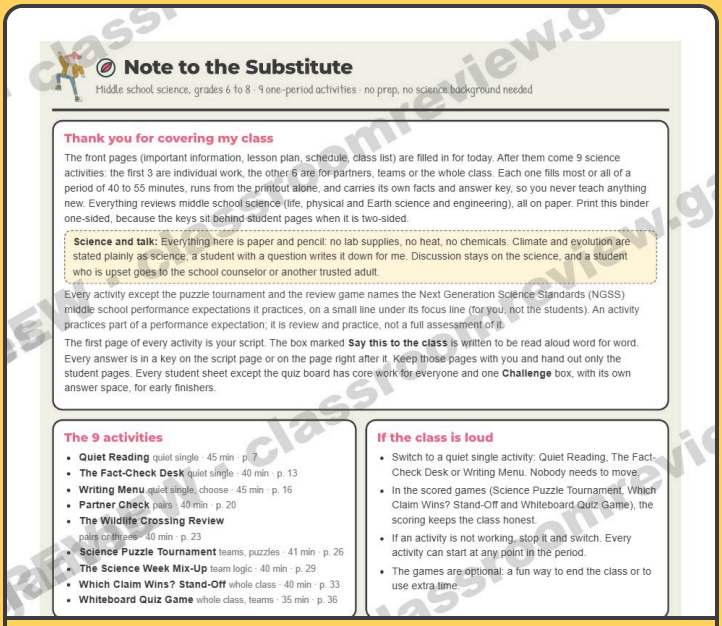
Challenge Tiebreaker Two whole numbers in a row multiply to 306. What are they? .....

Name or team .....

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KIT 3 OF 6 38 pages · 9 activities · one day · grades 6 to 8

Middle School Science Emergency Sub Binder



Note to the Substitute

Middle school science, grades 6 to 8 · 9 one-period activities · no prep, no science background needed

Thank you for covering my class

The front pages (important information, lesson plan, schedule, class list) are filled in for today. After them come 9 science activities: the first 3 are individual work, the other 6 are for partners, teams or the whole class. Each one fills most or all of a period of 40 to 55 minutes, runs from the printout alone, and carries its own facts and answer key, so you never teach anything new. Everything reviews middle school science (life, physical and Earth science and engineering), all on paper. Print this binder one-sided, because the keys sit behind student pages when it is two-sided.

Science and talk: Everything here is paper and pencil: no lab supplies, no heat, no chemicals. Climate and evolution are stated plainly as science; a student with a question writes it down for me. Discussion stays on the science, and a student who is upset goes to the school counselor or another trusted adult.

Every activity except the puzzle tournament and the review game names the Next Generation Science Standards (NGSS) middle school performance expectations it practices, on a small line under its focus line (for you, not the students). An activity practices part of a performance expectation; it is review and practice, not a full assessment of it.

The first page of every activity is your script. The box marked **Say this to the class** is written to be read aloud word for word. Every answer is in a key on the script page or on the page right after it. Keep those pages with you and hand out only the student pages. Every student sheet except the quiz board has core work for everyone and one **Challenge** box, with its own answer space, for early finishers.

The 9 activities

- **Quiet Reading** quiet single · 45 min · p. 7
- **The Fact-Check Desk** quiet single · 40 min · p. 13
- **Writing Menu** quiet single, choose · 45 min · p. 16
- **Partner Check** pairs · 40 min · p. 20
- **The Wildlife Crossing Review** pairs or threes · 40 min · p. 23
- **Science Puzzle Tournament** teams, puzzles · 41 min · p. 26
- **The Science Week Mix-Up** team logic · 40 min · p. 29
- **Which Claim Wins? Stand-Off** whole class · 40 min · p. 33
- **Whiteboard Quiz Game** whole class, teams · 35 min · p. 36

If the class is loud

- Switch to a quiet single activity: Quiet Reading, The Fact-Check Desk or Writing Menu. Nobody needs to move.
- In the scored games (Science Puzzle Tournament, Which Claim Wins? Stand-Off and Whiteboard Quiz Game), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every activity can start at any point in the period.
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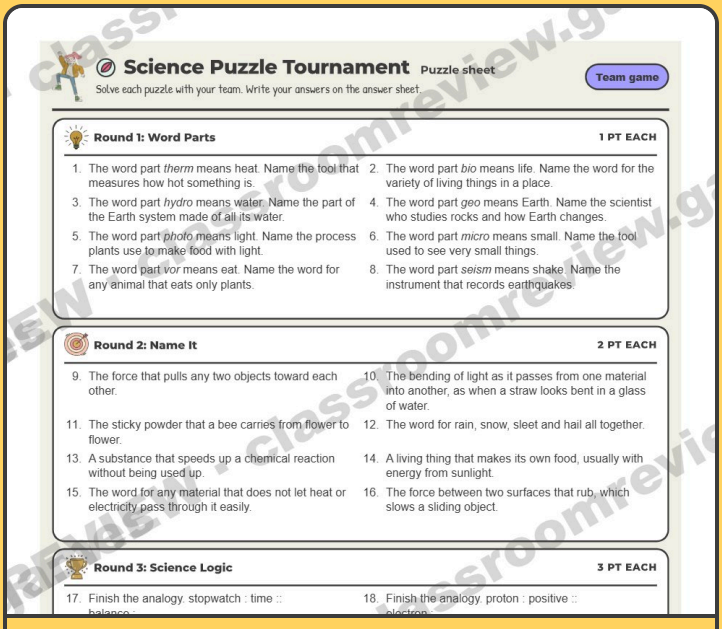
Note to the substitute

Lesson Plan

Filled in for today: 9 activities, 35 to 45 minutes each. Write the time of each period you use.

ACTIVITY	PLAN	PAGE
Quiet Reading Quiet single · about 45 min Time ____ : ____ to ____ : ____	• One article and its question sheet per student; fast finishers take the other • Silent reading and questions, about 20 minutes per article • Read the answers out from the key, or collect for me	p. 7
The Fact-Check Desk Quiet single · about 40 min Time ____ : ____ to ____ : ____	• Hand out both sheets; pencils only • Students find the one wrong sentence in each note, name the fact and fix it • Read the key out at the end, or collect for me	p. 13
Writing Menu Quiet single, choose · about 45 min Time ____ : ____ to ____ : ____	• Three stacks: A Tall or Healthy?, B The Bumper Memo, C What the Numbers Show • Students choose one, write alone in silence, then use the checklist • Compare with the models on the script, or collect for me	p. 16
Partner Check Pairs · about 40 min Time ____ : ____ to ____ : ____	• Pairs: one Partner A sheet and one Partner B sheet • Both do row 1, then compare: the answers must match • Different answers? Talk it through together. The key is on the script	p. 20
The Wildlife Crossing Review Pairs or threes · about 40 min Time ____ : ____ to ____ : ____	• Pairs or threes, each student with both sheets • Part 1: review three designs against the limits (keyed) • Part 2: improve the best design within the budget, then share the plans	p. 23
Science Puzzle Tournament Teams, puzzles · about 41 min Time ____ : ____ to ____ : ____	• Teams of 3 or 4, one puzzle sheet and one answer sheet per team • One round at a time, 1, 2 or 3 points per puzzle • Every answer is on the key. The key settles arguments	p. 26
The Science Week Mix-Up Team logic · about 40 min Time ____ : ____ to ____ : ____	• Teams of 3 or 4, one case file and one grid sheet per team • Warm-up together on the board, then the case on their own • Teams hand in both sheets; check the slip against the key and reveal	p. 29
Which Claim Wins? Stand-Off Whole class · about 40 min Time ____ : ____ to ____ : ____	• Both sheets to every student; everyone stays seated • Read a round, 20-second guess, count hands, then 60 seconds to decide and give a reason • One speaker per side, then read the answer from the key	p. 33
Whiteboard Quiz Game Whole class, teams · about 35 min	• Draw the 5 by 5 board or use the board page, 3 to 5 teams • Teams take turns picking a category and value; you read the question	p. 36

Lesson plan, filled in



Science Puzzle Tournament Puzzle sheet

Team game

Solve each puzzle with your team. Write your answers on the answer sheet.

Round 1: Word Parts 1 PT EACH

1. The word part *therm* means heat. Name the tool that measures how hot something is.
2. The word part *bio* means life. Name the word for the variety of living things in a place.
3. The word part *hydro* means water. Name the part of the Earth system made of all its water.
4. The word part *geo* means Earth. Name the scientist who studies rocks and how Earth changes.
5. The word part *photo* means light. Name the process plants use to make food with light.
6. The word part *micro* means small. Name the tool used to see very small things.
7. The word part *vor* means eat. Name the word for any animal that eats only plants.
8. The word part *seism* means shake. Name the instrument that records earthquakes.

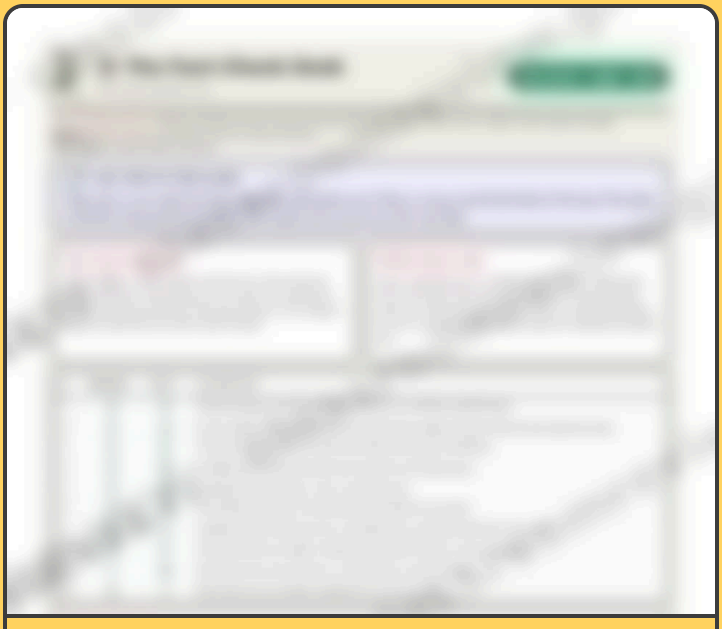
Round 2: Name It 2 PT EACH

9. The force that pulls any two objects toward each other.
10. The bending of light as it passes from one material into another, as when a straw looks bent in a glass of water.
11. The sticky powder that a bee carries from flower to flower.
12. The word for rain, snow, sleet and hail all together.
13. A substance that speeds up a chemical reaction without being used up.
14. A living thing that makes its own food, usually with energy from sunlight.
15. The word for any material that does not let heat or electricity pass through it easily.
16. The force between two surfaces that rub, which slows a sliding object.

Round 3: Science Logic 3 PT EACH

17. Finish the analogy. stopwatch : time :: balance :
18. Finish the analogy. proton : positive :: electron :

An activity page



Sub script and answer key



Middle School Science Emergency Sub Binder

Emergency sub plans for middle school science, grades 6 to 8. The sub needs no science background: every step is on the page.

PREVIEW

What is included

- 7 front pages: binder cover, important information, note to the sub, the filled-in lesson plan, schedule, class list, how it went
- 9 activities with sub scripts and student pages (31 pages): 3 individual, 6 with a partner, a team or the whole class
- A Say this to the class script for every activity, star challenges for fast finishers, every answer in a key
- 7 of the 9 activities list their NGSS standards (not the puzzles or the optional quiz game)
- Color and ink-saver B&W, US Letter and A4

How it works

1. Leave the binder out. The lesson plan lists every activity with its page and minutes.
2. The sub reads the Say this to the class box word for word.
3. Students work from their own pages, with the steps on the page. The sub needs no science background: every answer is in the key.
4. No prep and no tech: print and go.

The 9 activities, 35 to 45 minutes each

1. **Quiet Reading**, 45 min SOLO: using evidence from two articles: traits that help plants and animals reproduce, and earthquake forecasts and warnings
2. **The Fact-Check Desk**, 40 min SOLO: finding and fixing common science mix-ups about mass, sound, heat, forces, climate, Earth, plants and traits
3. **Writing Menu**, 45 min SOLO: writing science: a claim with evidence from plant data, a third law design memo, or a paragraph on climate data
4. **Partner Check**, 40 min PAIRS: mixed review: energy transfer, changes in matter, collisions, speed, Earth systems, traits, signals and waves
5. **The Wildlife Crossing Review**, 40 min PAIRS OR THREES: engineering design: criteria and constraints, reading test data, and combining the best features of designs
6. **Science Puzzle Tournament**, 41 min TEAMS: science word parts and vocabulary, naming terms from their meaning, analogies, anagrams and other science logic
7. **The Science Week Mix-Up**, 40 min TEAMS: matching science fair projects to ideas: weathering, the third law, growth factors, conduction and wave absorption
8. **Which Claim Wins? Stand-Off**, 40 min WHOLE CLASS: judging scientific claims: data, fair tests, sample size, conclusions that fit the evidence, causes and units
9. **Whiteboard Quiz Game**, 35 min WHOLE CLASS: a review of this binder: the two articles, the fact checks, evidence, partner rows and engineering design

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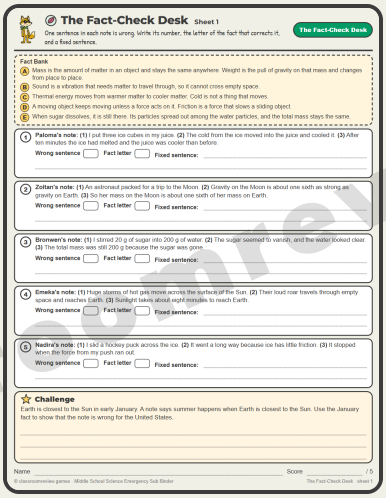
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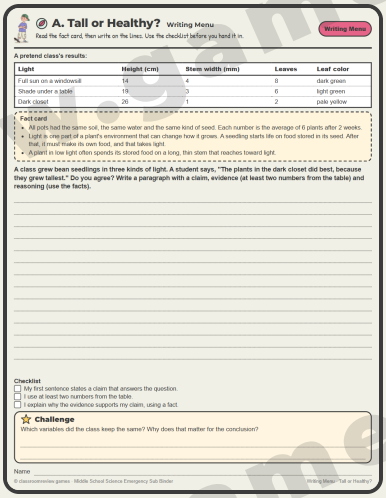
ONE PAGE OF EVERY ACTIVITY



1. Quiet Reading, 45 min (solo)



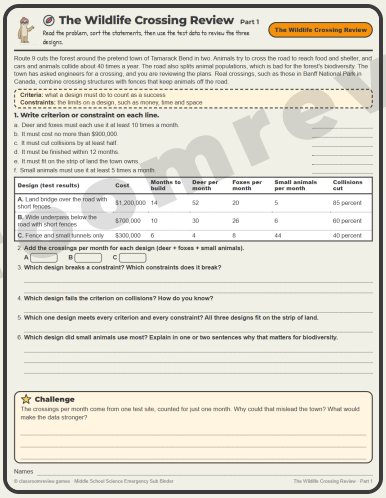
2. The Fact-Check Desk, 40 min (solo)



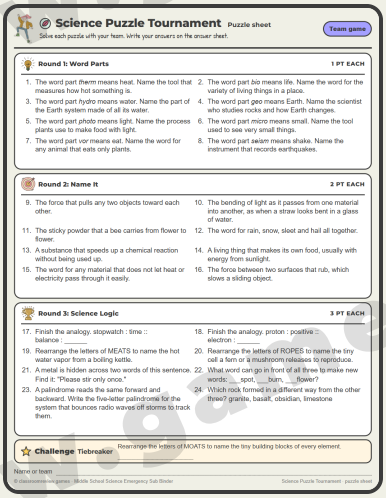
3. Writing Menu, 45 min (solo)



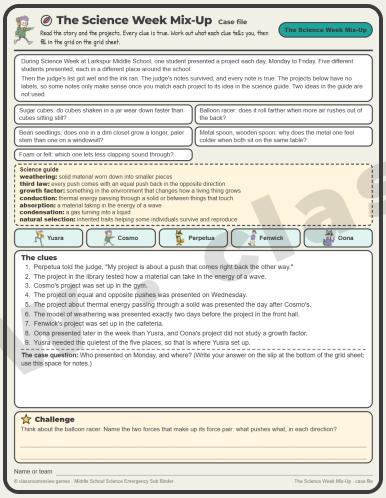
4. Partner Check, 40 min (pairs)



5. The Wildlife Crossing Review, 40 min (pairs or threes)



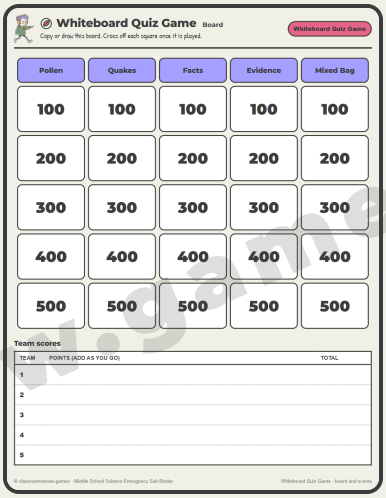
6. Science Puzzle Tournament, 41 min (teams)



7. The Science Week Mix-Up, 40 min (teams)



8. Which Claim Wins? Stand-Off, 40 min (whole class)



9. Whiteboard Quiz Game, 35 min (whole class)

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Every activity also has a sub script with a Say this to the class box



The Fact-Check Desk Sheet 1

One sentence in each note is wrong. Write its number, the letter of the fact that corrects it, and a fixed sentence.

The Fact-Check Desk

Fact Bank

- **A** Mass is the amount of matter in an object and stays the same anywhere. Weight is the pull of gravity on that mass and changes from place to place.
- **B** Sound is a vibration that needs matter to travel through, so it cannot cross empty space.
- **C** Thermal energy moves from warmer matter to cooler matter. Cold is not a thing that moves.
- **D** A moving object keeps moving unless a force acts on it. Friction is a force that slows a sliding object.
- **E** When sugar dissolves, it is still there. Its particles spread out among the water particles, and the total mass stays the same.

1 **Paloma's note:** **(1)** I put three ice cubes in my juice. **(2)** The cold from the ice moved into the juice and cooled it. **(3)** After ten minutes the ice had melted and the juice was cooler than before.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

2 **Zoltan's note:** **(1)** An astronaut packed for a trip to the Moon. **(2)** Gravity on the Moon is about one sixth as strong as gravity on Earth. **(3)** So her mass on the Moon is about one sixth of her mass on Earth.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

3 **Bronwen's note:** **(1)** I stirred 20 g of sugar into 200 g of water. **(2)** The sugar seemed to vanish, and the water looked clear. **(3)** The total mass was still 200 g because the sugar was gone.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

4 **Emeka's note:** **(1)** Huge storms of hot gas move across the surface of the Sun. **(2)** Their loud roar travels through empty space and reaches Earth. **(3)** Sunlight takes about eight minutes to reach Earth.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

5 **Nadira's note:** **(1)** I slid a hockey puck across the ice. **(2)** It went a long way because ice has little friction. **(3)** It stopped when the force from my push ran out.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

☆ Challenge

Earth is closest to the Sun in early January. A note says summer happens when Earth is closest to the Sun. Use the January fact to show that the note is wrong for the United States.

.....

.....

.....

Name ..... Score ..... / 5

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Science Puzzle Tournament

Puzzle sheet

Solve each puzzle with your team. Write your answers on the answer sheet.

Team game

Round 1: Word Parts — 1 PT EACH

1. The word part *therm* means heat. Name the tool that measures how hot something is.
2. The word part *bio* means life. Name the word for the variety of living things in a place.
3. The word part *hydro* means water. Name the part of the Earth system made of all its water.
4. The word part *geo* means Earth. Name the scientist who studies rocks and how Earth changes.
5. The word part *photo* means light. Name the process plants use to make food with light.
6. The word part *micro* means small. Name the tool used to see very small things.
7. The word part *vor* means eat. Name the word for any animal that eats only plants.
8. The word part *seism* means shake. Name the instrument that records earthquakes.

Round 2: Name It — 2 PT EACH

9. The force that pulls any two objects toward each other.
10. The bending of light as it passes from one material into another, as when a straw looks bent in a glass of water.
11. The sticky powder that a bee carries from flower to flower.
12. The word for rain, snow, sleet and hail all together.
13. A substance that speeds up a chemical reaction without being used up.
14. A living thing that makes its own food, usually with energy from sunlight.
15. The word for any material that does not let heat or electricity pass through it easily.
16. The force between two surfaces that rub, which slows a sliding object.

Round 3: Science Logic — 3 PT EACH

17. Finish the analogy. stopwatch : time :: balance : _____
18. Finish the analogy. proton : positive :: electron : _____
19. Rearrange the letters of MEATS to name the hot water vapor from a boiling kettle.
20. Rearrange the letters of ROPES to name the tiny cell a fern or a mushroom releases to reproduce.
21. A metal is hidden across two words of this sentence. Find it: "Please stir only once."
22. What word can go in front of all three to make new words: ___spot, ___burn, ___flower?
23. A palindrome reads the same forward and backward. Write the five-letter palindrome for the system that bounces radio waves off storms to track them.
24. Which rock formed in a different way from the other three? granite, basalt, obsidian, limestone

Challenge Tiebreaker — Rearrange the letters of MOATS to name the tiny building blocks of every element.

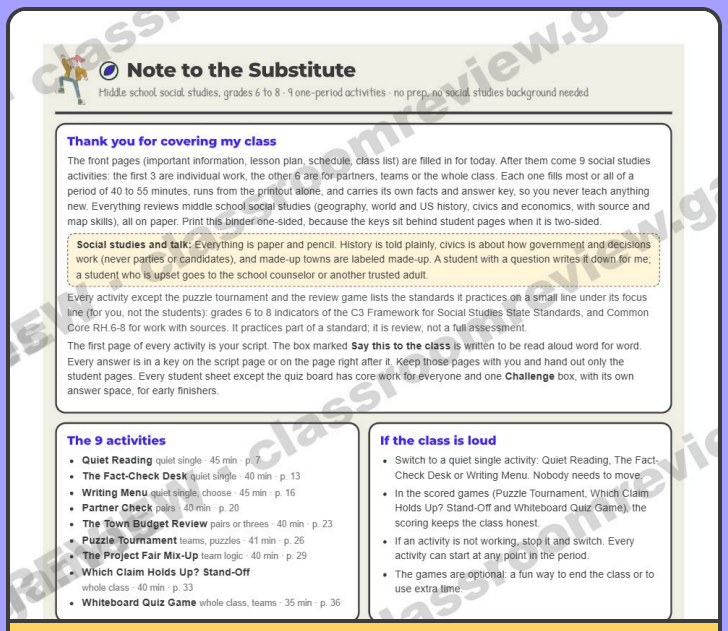
Name or team .....

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KIT 4 OF 6 38 pages · 9 activities · one day · grades 6 to 8

Middle School Social Studies Emergency Sub Binder



Note to the Substitute

Middle school social studies, grades 6 to 8 · 9 one-period activities · no prep, no social studies background needed

Thank you for covering my class

The front pages (important information, lesson plan, schedule, class list) are filled in for today. After them come 9 social studies activities: the first 3 are individual work, the other 6 are for partners, teams or the whole class. Each one fills most or all of a period of 40 to 55 minutes, runs from the printout alone, and carries its own facts and answer key, so you never teach anything new. Everything reviews middle school social studies (geography, world and US history, civics and economics, with source and map skills), all on paper. Print this binder one-sided, because the keys sit behind student pages when it is two-sided.

Social studies and talk: Everything is paper and pencil. History is told plainly, civics is about how government and decisions work (never parties or candidates), and made-up towns are labeled made-up. A student with a question writes it down for me; a student who is upset goes to the school counselor or another trusted adult.

Every activity except the puzzle tournament and the review game lists the standards it practices on a small line under its focus line (for you, not the students): grades 6 to 8 indicators of the C3 Framework for Social Studies State Standards, and Common Core RH.6-8 for work with sources. It practices part of a standard; it is review, not a full assessment.

The first page of every activity is your script. The box marked **Say this to the class** is written to be read aloud word for word. Every answer is in a key on the script page or on the page right after it. Keep those pages with you and hand out only the student pages. Every student sheet except the quiz board has core work for everyone and one **Challenge** box, with its own answer space, for early finishers.

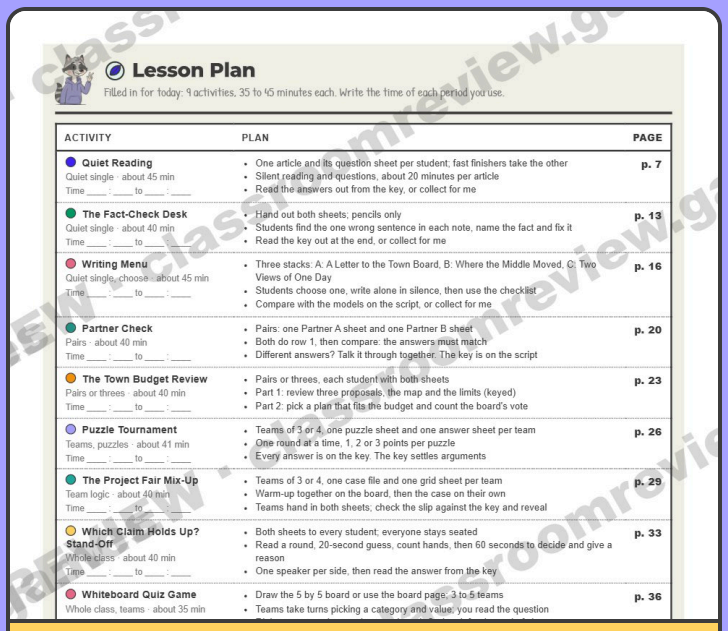
The 9 activities

- **Quiet Reading** quiet single · 45 min · p. 7
- **The Fact-Check Desk** quiet single · 40 min · p. 13
- **Writing Menu** quiet single, choose · 45 min · p. 16
- **Partner Check** pairs · 40 min · p. 20
- **The Town Budget Review** pairs or threes · 40 min · p. 23
- **Puzzle Tournament** teams, puzzles · 41 min · p. 26
- **The Project Fair Mix-Up** team logic · 40 min · p. 29
- **Which Claim Holds Up? Stand-Off** whole class · 40 min · p. 33
- **Whiteboard Quiz Game** whole class, teams · 35 min · p. 36

If the class is loud

- Switch to a quiet single activity: Quiet Reading, The Fact-Check Desk or Writing Menu. Nobody needs to move.
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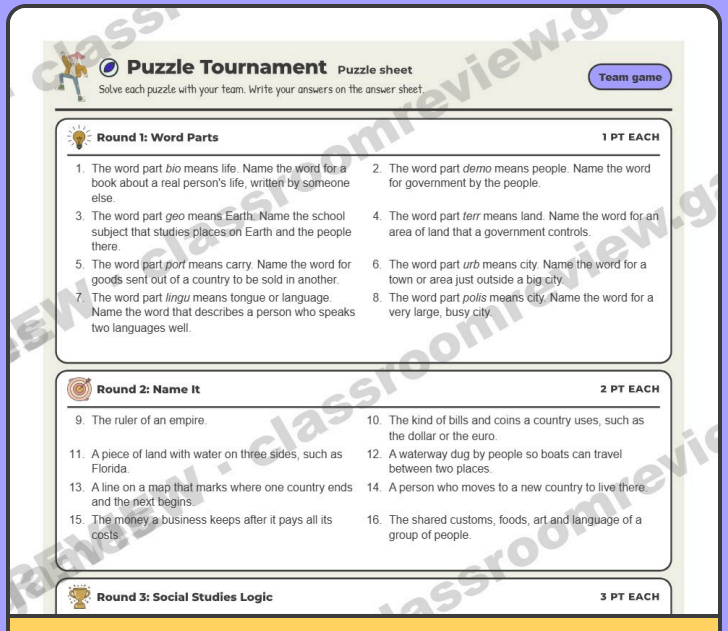


Lesson Plan

Filled in for today: 9 activities, 35 to 45 minutes each. Write the time of each period you use.

ACTIVITY	PLAN	PAGE
Quiet Reading Quiet single · about 45 min Time ____ : ____ to ____ : ____	• One article and its question sheet per student; fast finishers take the other • Silent reading and questions, about 20 minutes per article • Read the answers out from the key, or collect for me	p. 7
The Fact-Check Desk Quiet single · about 40 min Time ____ : ____ to ____ : ____	• Hand out both sheets; pencils only • Students find the one wrong sentence in each note, name the fact and fix it • Read the key out at the end, or collect for me	p. 13
Writing Menu Quiet single, choose · about 45 min Time ____ : ____ to ____ : ____	• Three stacks: A: A Letter to the Town Board, B: Where the Middle Moved, C: Two Views of One Day • Students choose one, write alone in silence, then use the checklist • Compare with the models on the script, or collect for me	p. 16
Partner Check Pairs · about 40 min Time ____ : ____ to ____ : ____	• Pairs: one Partner A sheet and one Partner B sheet • Both do row 1, then compare: the answers must match • Different answers? Talk it through together. The key is on the script	p. 20
The Town Budget Review Pairs or threes · about 40 min Time ____ : ____ to ____ : ____	• Pairs or threes, each student with both sheets • Part 1: review three proposals, the map and the limits (keyed) • Part 2: pick a plan that fits the budget and count the board's vote	p. 23
Puzzle Tournament Teams, puzzles · about 41 min Time ____ : ____ to ____ : ____	• Teams of 3 or 4, one puzzle sheet and one answer sheet per team • One round at a time, 1, 2 or 3 points per puzzle • Every answer is on the key. The key settles arguments	p. 26
The Project Fair Mix-Up Team logic · about 40 min Time ____ : ____ to ____ : ____	• Teams of 3 or 4, one case file and one grid sheet per team • Warm-up together on the board, then the case on their own • Teams hand in both sheets; check the slip against the key and reveal	p. 29
Which Claim Holds Up? Stand-Off Whole class · about 40 min Time ____ : ____ to ____ : ____	• Both sheets to every student; everyone stays seated • Read a round, 20-second guess, count hands, then 60 seconds to decide and give a reason • One speaker per side, then read the answer from the key	p. 33
Whiteboard Quiz Game Whole class, teams · about 35 min	• Draw the 5 by 5 board or use the board page; 3 to 5 teams • Teams take turns picking a category and value; you read the question	p. 36

Lesson plan, filled in



Puzzle Tournament Puzzle sheet

Solve each puzzle with your team. Write your answers on the answer sheet.

Team game

Round 1: Word Parts 1 PT EACH

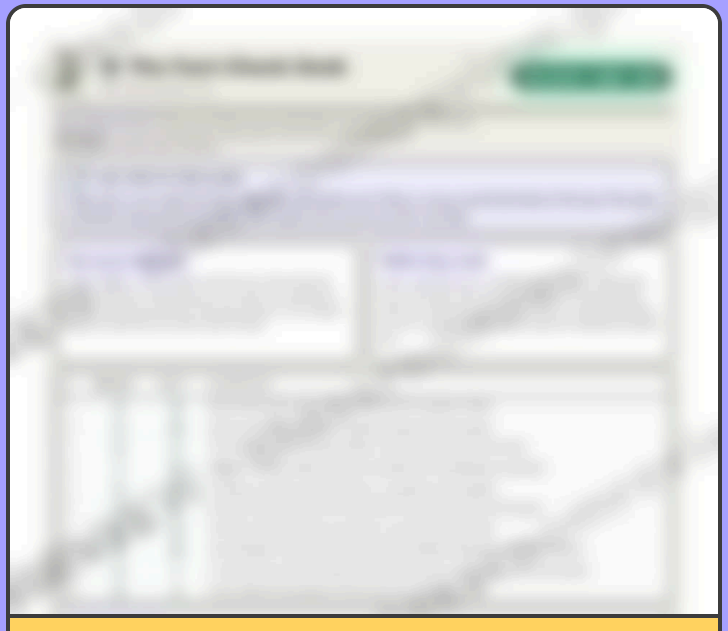
1. The word part *bio* means life. Name the word for a book about a real person's life, written by someone else.
2. The word part *demo* means people. Name the word for government by the people.
3. The word part *geo* means Earth. Name the school subject that studies places on Earth and the people there.
4. The word part *terr* means land. Name the word for an area of land that a government controls.
5. The word part *port* means carry. Name the word for goods sent out of a country to be sold in another.
6. The word part *urb* means city. Name the word for a town or area just outside a big city.
7. The word part *lingu* means tongue or language. Name the word that describes a person who speaks two languages well.
8. The word part *polis* means city. Name the word for a very large, busy city.

Round 2: Name It 2 PT EACH

9. The ruler of an empire.
10. The kind of bills and coins a country uses, such as the dollar or the euro.
11. A piece of land with water on three sides, such as Florida.
12. A waterway dug by people so boats can travel between two places.
13. A line on a map that marks where one country ends and the next begins.
14. A person who moves to a new country to live there.
15. The money a business keeps after it pays all its costs.
16. The shared customs, foods, art and language of a group of people.

Round 3: Social Studies Logic 3 PT EACH

An activity page



Sub script and answer key



Middle School Social Studies Emergency Sub Binder

Emergency sub plans for middle school social studies, grades 6 to 8. The sub needs no social studies background: every step is on the page.

PREVIEW

What is included

- 7 front pages: binder cover, important information, note to the sub, the filled-in lesson plan, schedule, class list, how it went
- 9 activities with sub scripts and student pages (31 pages): 3 individual, 6 with a partner, a team or the whole class
- A Say this to the class script for every activity, star challenges for fast finishers, every answer in a key
- 7 of the 9 activities list their C3 or Common Core standards on the sub script (not the puzzles or the optional quiz game)
- Color and ink-saver B&W, US Letter and A4

How it works

1. Leave the binder out. The lesson plan lists every activity with its page and minutes.
2. The sub reads the Say this to the class box word for word.
3. Students work from their own pages, with the steps on the page. The sub needs no social studies background: every answer is in the key.
4. No prep and no tech: print and go.

The 9 activities, 35 to 45 minutes each

1. **Quiet Reading**, 45 min SOLO: citing evidence from two articles: the trade city of Great Zimbabwe and the effects of the Erie Canal
2. **The Fact-Check Desk**, 40 min SOLO: fixing social studies mix-ups about places, government, money and history
3. **Writing Menu**, 45 min SOLO: writing with evidence: a letter to a town board, Census data, or two points of view
4. **Partner Check**, 40 min PAIRS: mixed review: government, time zones, fact and opinion, money, maps and democracy
5. **The Town Budget Review**, 40 min PAIRS OR THREES: costs and benefits of a town choice, reading a dot map and a majority vote
6. **Puzzle Tournament**, 41 min TEAMS: social studies word parts, vocabulary, analogies, anagrams and other word logic
7. **The Project Fair Mix-Up**, 40 min TEAMS: matching projects to the meaning of five social studies fields
8. **Which Claim Holds Up? Stand-Off**, 40 min WHOLE CLASS: judging claims: data, sources, sample size, fitting the evidence and causes
9. **Whiteboard Quiz Game**, 35 min WHOLE CLASS: a review of this binder: articles, fact checks, partner rows, the budget and evidence

What this preview shows: the note to the substitute, the lesson plan, the other front pages, one page of every activity, a sub script, four more student pages and one ink-saver page. Every product page is watermarked. Answer keys are not shown, only one warm-up answer. The full binder has 38 pages.



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Which activity when?

- A student says the class never learned this? Every activity reviews earlier work. Ask them to try the first problem with a partner, and leave me a note.
- The same activity in every period is fine: each class sees it once. The lesson plan (next page) lists all 9.
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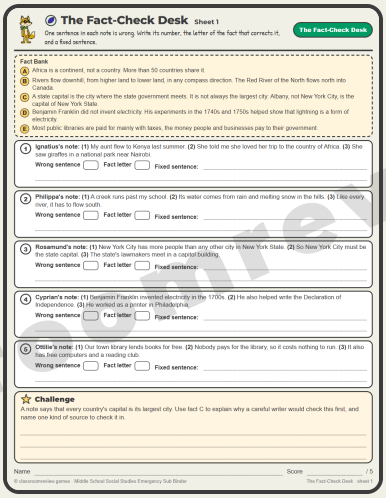
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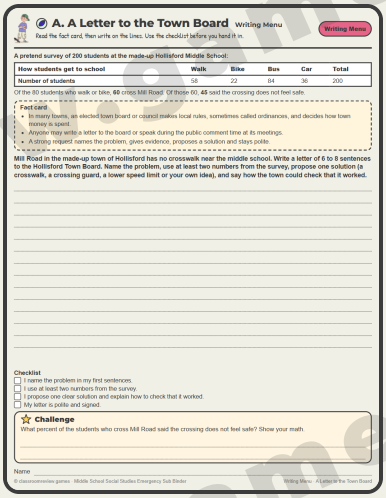
ONE PAGE OF EVERY ACTIVITY



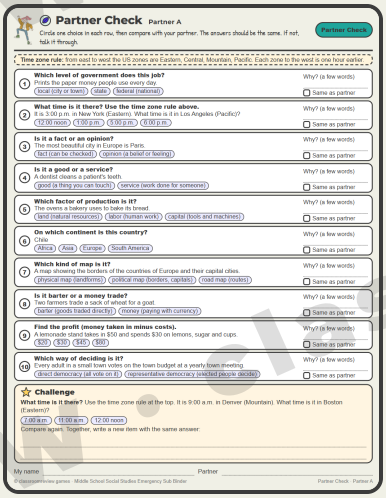
1. Quiet Reading, 45 min (solo)



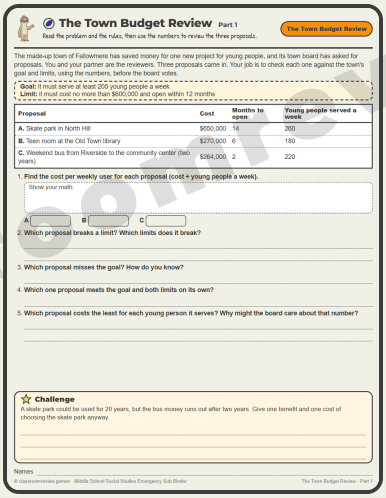
2. The Fact-Check Desk, 40 min (solo)



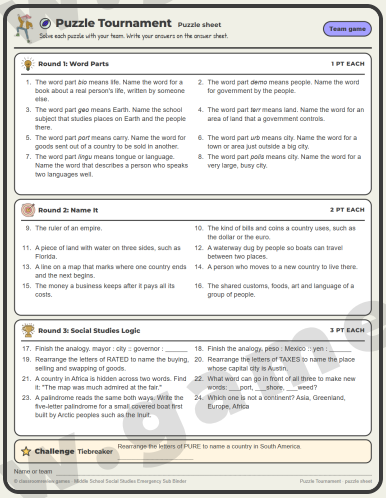
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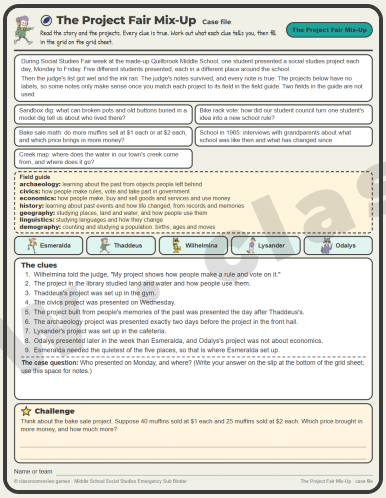
4. Partner Check, 40 min (pairs)



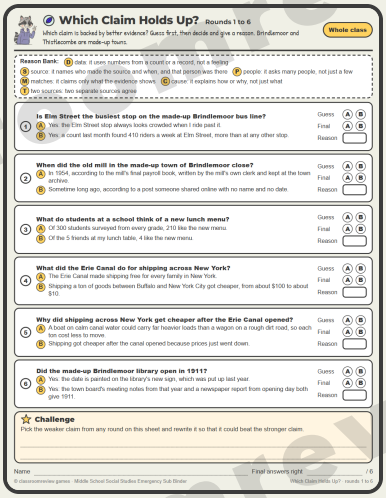
5. The Town Budget Review, 40 min (pairs or threes)



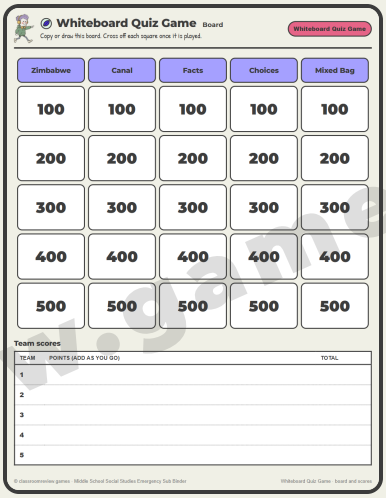
6. Puzzle Tournament, 41 min (teams)



7. The Project Fair Mix-Up, 40 min (teams)



8. Which Claim Holds Up? Stand-Off, 40 min (whole class)



9. Whiteboard Quiz Game, 35 min (whole class)

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Every activity also has a sub script with a Say this to the class box



The Fact-Check Desk Sheet 1

One sentence in each note is wrong. Write its number, the letter of the fact that corrects it, and a fixed sentence.

The Fact-Check Desk

Fact Bank

- **A** Africa is a continent, not a country. More than 50 countries share it.
- **B** Rivers flow downhill, from higher land to lower land, in any compass direction. The Red River of the North flows north into Canada.
- **C** A state capital is the city where the state government meets. It is not always the largest city: Albany, not New York City, is the capital of New York State.
- **D** Benjamin Franklin did not invent electricity. His experiments in the 1740s and 1750s helped show that lightning is a form of electricity.
- **E** Most public libraries are paid for mainly with taxes, the money people and businesses pay to their government.

1 **Ignatius's note:** **(1)** My aunt flew to Kenya last summer. **(2)** She told me she loved her trip to the country of Africa. **(3)** She saw giraffes in a national park near Nairobi.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

2 **Philippa's note:** **(1)** A creek runs past my school. **(2)** Its water comes from rain and melting snow in the hills. **(3)** Like every river, it has to flow south.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

3 **Rosamund's note:** **(1)** New York City has more people than any other city in New York State. **(2)** So New York City must be the state capital. **(3)** The state's lawmakers meet in a capitol building.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

4 **Cyprian's note:** **(1)** Benjamin Franklin invented electricity in the 1700s. **(2)** He also helped write the Declaration of Independence. **(3)** He worked as a printer in Philadelphia.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

5 **Ottilie's note:** **(1)** Our town library lends books for free. **(2)** Nobody pays for the library, so it costs nothing to run. **(3)** It also has free computers and a reading club.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

☆ Challenge

A note says that every country's capital is its largest city. Use fact C to explain why a careful writer would check this first, and name one kind of source to check it in.

.....

.....

.....

Name ..... Score ..... / 5

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Puzzle Tournament Puzzle sheet

Solve each puzzle with your team. Write your answers on the answer sheet.

Team game

Round 1: Word Parts — 1 PT EACH

1. The word part *bio* means life. Name the word for a book about a real person's life, written by someone else.
2. The word part *demo* means people. Name the word for government by the people.
3. The word part *geo* means Earth. Name the school subject that studies places on Earth and the people there.
4. The word part *terr* means land. Name the word for an area of land that a government controls.
5. The word part *port* means carry. Name the word for goods sent out of a country to be sold in another.
6. The word part *urb* means city. Name the word for a town or area just outside a big city.
7. The word part *lingu* means tongue or language. Name the word that describes a person who speaks two languages well.
8. The word part *polis* means city. Name the word for a very large, busy city.

Round 2: Name It — 2 PT EACH

9. The ruler of an empire.
10. The kind of bills and coins a country uses, such as the dollar or the euro.
11. A piece of land with water on three sides, such as Florida.
12. A waterway dug by people so boats can travel between two places.
13. A line on a map that marks where one country ends and the next begins.
14. A person who moves to a new country to live there.
15. The money a business keeps after it pays all its costs.
16. The shared customs, foods, art and language of a group of people.

Round 3: Social Studies Logic — 3 PT EACH

17. Finish the analogy. mayor : city :: governor : _____
18. Finish the analogy. peso : Mexico :: yen : _____
19. Rearrange the letters of RATED to name the buying, selling and swapping of goods.
20. Rearrange the letters of TAXES to name the place whose capital city is Austin.
21. A country in Africa is hidden across two words. Find it: "The map was much admired at the fair."
22. What word can go in front of all three to make new words: ___port, ___shore, ___weed?
23. A palindrome reads the same both ways. Write the five-letter palindrome for a small covered boat first built by Arctic peoples such as the Inuit.
24. Which one is not a continent? Asia, Greenland, Europe, Africa

Challenge Tiebreaker Rearrange the letters of PURE to name a country in South America. _____

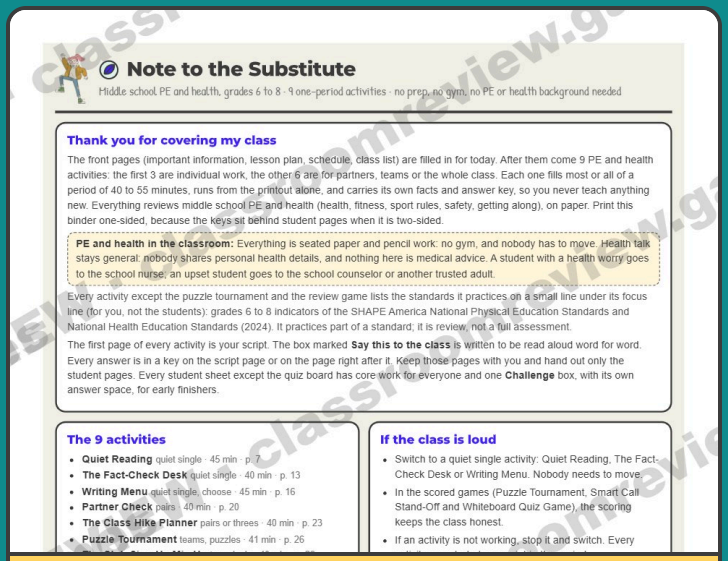
Name or team .....

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KIT 5 OF 6 · 38 pages · 9 activities · one day · grades 6 to 8

Middle School PE and Health Emergency Sub Binder



Note to the Substitute

Middle school PE and health, grades 6 to 8 · 9 one-period activities · no prep, no gym, no PE or health background needed

Thank you for covering my class

The front pages (important information, lesson plan, schedule, class list) are filled in for today. After them come 9 PE and health activities: the first 3 are individual work, the other 6 are for partners, teams or the whole class. Each one fills most or all of a period of 40 to 55 minutes, runs from the printout alone, and carries its own facts and answer key, so you never teach anything new. Everything reviews middle school PE and health (health, fitness, sport rules, safety, getting along), on paper. Print this binder one-sided, because the keys sit behind student pages when it is two-sided.

PE and health in the classroom: Everything is seated paper and pencil work: no gym, and nobody has to move. Health talk stays general: nobody shares personal health details, and nothing here is medical advice. A student with a health worry goes to the school nurse, an upset student goes to the school counselor or another trusted adult.

Every activity except the puzzle tournament and the review game lists the standards it practices on a small line under its focus line (for you, not the students): grades 6 to 8 indicators of the SHAPE America National Physical Education Standards and National Health Education Standards (2024). It practices part of a standard; it is review, not a full assessment.

The first page of every activity is your script. The box marked **Say this to the class** is written to be read aloud word for word. Every answer is in a key on the script page or on the page right after it. Keep those pages with you and hand out only the student pages. Every student sheet except the quiz board has core work for everyone and one **Challenge** box, with its own answer space, for early finishers.

The 9 activities

- **Quiet Reading** quiet single · 45 min · p. 7
- **The Fact-Check Desk** quiet single · 40 min · p. 13
- **Writing Menu** quiet single, choose · 45 min · p. 16
- **Partner Check** pairs · 40 min · p. 20
- **The Class Hike Planner** pairs or threes · 40 min · p. 23
- **Puzzle Tournament** teams, puzzles · 41 min · p. 26

If the class is loud

- Switch to a quiet single activity: Quiet Reading, The Fact-Check Desk or Writing Menu. Nobody needs to move.
- In the scored games (Puzzle Tournament, Smart Call Stand-Off and Whiteboard Quiz Game), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every

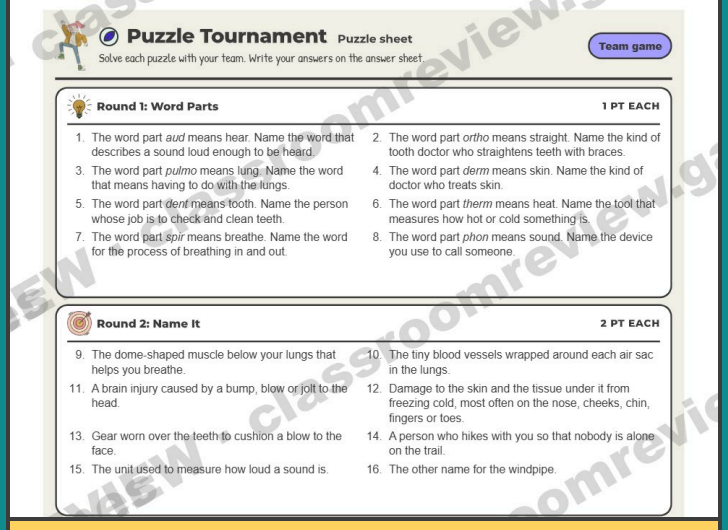
Note to the substitute

Lesson Plan

Filled in for today: 9 activities, 35 to 45 minutes each. Write the time of each period you use.

ACTIVITY	PLAN	PAGE
Quiet Reading Quiet single · about 45 min Time ____ : ____ to ____ : ____	• One article and its question sheet per student; fast finishers take the other • Silent reading and questions, about 20 minutes per article • Read the answers out from the key, or collect for me	p. 7
The Fact-Check Desk Quiet single · about 40 min Time ____ : ____ to ____ : ____	• Hand out both sheets; pencils only • Students find the one wrong sentence in each note, name the fact and fix it • Read the key out at the end, or collect for me	p. 13
Writing Menu Quiet single, choose · about 45 min Time ____ : ____ to ____ : ____	• Three stacks: A: A Pitch for a Lunchtime Club, B: How Loud Is Too Loud?, C: Make the Game Fit Everyone • Students choose one, write alone in silence, then use the checklist • Compare with the models on the script, or collect for me	p. 16
Partner Check Pairs · about 40 min Time ____ : ____ to ____ : ____	• Pairs: one Partner A sheet and one Partner B sheet • Both do row 1, then compare: the answers must match • Different answers? Talk it through together. The key is on the script	p. 20
The Class Hike Planner Pairs or threes · about 40 min Time ____ : ____ to ____ : ____	• Pairs or threes, each student with both sheets • Part 1: check three trail loops against the goal and limits (keyed) • Part 2: read the trail map and make a safe hike plan	p. 23
Puzzle Tournament Teams, puzzles · about 41 min Time ____ : ____ to ____ : ____	• Teams of 3 or 4, one puzzle sheet and one answer sheet per team • One round at a time, 1, 2 or 3 points per puzzle • Every answer is on the key. The key settles arguments	p. 26
The Club Sign-Up Mix-Up Team logic · about 40 min Time ____ : ____ to ____ : ____	• Teams of 3 or 4, one case file and one grid sheet per team • Warm-up together on the board, then the case on their own • Teams hand in both sheets; check the slip against the key and reveal	p. 29
Smart Call Stand-Off Whole class · about 40 min	• Both sheets to every student; everyone stays seated • Read a round, 20-second guess, count hands, then 60 seconds to decide and give a	p. 33

Lesson plan, filled in



Puzzle Tournament Puzzle sheet

Team game

Solve each puzzle with your team. Write your answers on the answer sheet.

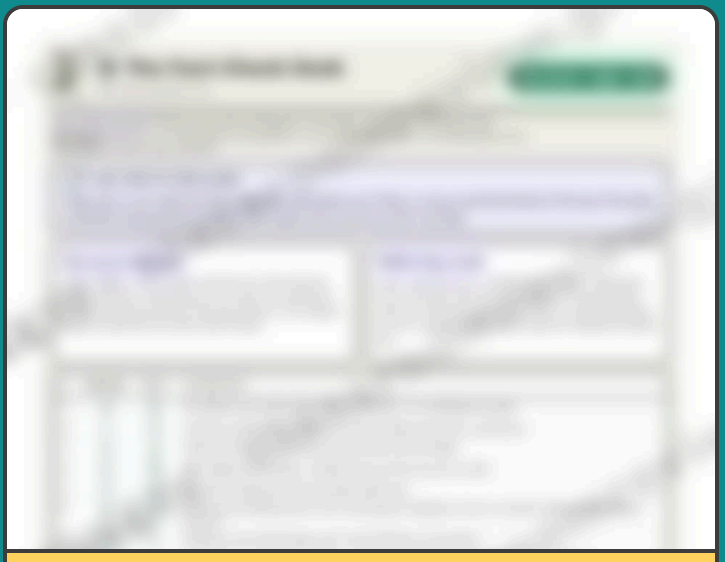
Round 1: Word Parts — 1 PT EACH

1. The word part *aud* means hear. Name the word that describes a sound loud enough to be heard.
2. The word part *ortho* means straight. Name the kind of tooth doctor who straightens teeth with braces.
3. The word part *pulmo* means lung. Name the word that means having to do with the lungs.
4. The word part *derm* means skin. Name the kind of doctor who treats skin.
5. The word part *dent* means tooth. Name the person whose job is to check and clean teeth.
6. The word part *therm* means heat. Name the tool that measures how hot or cold something is.
7. The word part *spir* means breathe. Name the word for the process of breathing in and out.
8. The word part *phon* means sound. Name the device you use to call someone.

Round 2: Name It — 2 PT EACH

9. The dome-shaped muscle below your lungs that helps you breathe.
10. The tiny blood vessels wrapped around each air sac in the lungs.
11. A brain injury caused by a bump, blow or jolt to the head.
12. Damage to the skin and the tissue under it from freezing cold, most often on the nose, cheeks, chin, fingers or toes.
13. Gear worn over the teeth to cushion a blow to the face.
14. A person who hikes with you so that nobody is alone on the trail.
15. The unit used to measure how loud a sound is.
16. The other name for the windpipe.

An activity page



Sub script and answer key



Middle School PE and Health Emergency Sub Binder

Emergency sub plans for middle school PE and health, grades 6 to 8, seated and on paper. The sub needs no PE or health background: every step is on the page.

PREVIEW

What is included

- 7 front pages: binder cover, important information, note to the sub, the filled-in lesson plan, schedule, class list, how it went
- 9 activities with sub scripts and student pages (31 pages): 3 individual, 6 with a partner, a team or the whole class
- A Say this to the class script for every activity, star challenges for fast finishers, every answer in a key
- 7 of the 9 activities list their SHAPE America PE or health standards on the sub script (not the puzzles or the optional quiz game)
- Color and ink-saver B&W, US Letter and A4

How it works

1. Leave the binder out. The lesson plan lists every activity with its page and minutes.
2. The sub reads the Say this to the class box word for word.
3. Students work from their own pages, with the steps on the page. The sub needs no PE or health background: every answer is in the key.
4. Seated, no gym, no prep, no tech: print and go.

The 9 activities, 35 to 45 minutes each

1. **Quiet Reading**, 45 min SOLO: using evidence from two articles: spotting and reporting a possible concussion, and how the lungs bring in oxygen
2. **The Fact-Check Desk**, 40 min SOLO: fixing mix-ups about mouthguards, cold weather, a soccer rule and hiking safety
3. **Writing Menu**, 45 min SOLO: writing with evidence: speaking up for an activity club, protecting hearing, or a game that includes everyone
4. **Partner Check**, 40 min PAIRS: mixed review: the air path, emergencies, hearing, feedback, movement, the cold, gear and activity math
5. **The Class Hike Planner**, 40 min PAIRS OR THREES: weighing trail options with numbers, reading a trail map and planning a safe outdoor hike
6. **Puzzle Tournament**, 41 min TEAMS: PE and health word parts, vocabulary, analogies, anagrams and other word logic
7. **The Club Sign-Up Mix-Up**, 40 min TEAMS: sorting games and activities into categories by how they are played (movement and strategy knowledge)
8. **Smart Call Stand-Off**, 40 min WHOLE CLASS: making safe, fair choices: getting an adult, gear, game rules, fair play, listening to your body, planning ahead
9. **Whiteboard Quiz Game**, 35 min WHOLE CLASS: a review of this binder: the articles, fact checks, partner rows, the hike plan, game categories and smart calls

What this preview shows: the note to the substitute, the lesson plan, the other front pages, one page of every activity, a sub script, four more student pages and one ink-saver page. Every product page is watermarked. Answer keys are not shown, only one warm-up answer. The full binder has 38 pages.



Note to the Substitute

Middle school PE and health, grades 6 to 8 · 9 one-period activities · no prep, no gym, no PE or health background needed

Thank you for covering my class

The front pages (important information, lesson plan, schedule, class list) are filled in for today. After them come 9 PE and health activities: the first 3 are individual work, the other 6 are for partners, teams or the whole class. Each one fills most or all of a period of 40 to 55 minutes, runs from the printout alone, and carries its own facts and answer key, so you never teach anything new. Everything reviews middle school PE and health (health, fitness, sport rules, safety, getting along), on paper. Print this binder one-sided, because the keys sit behind student pages when it is two-sided.

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Every activity except the puzzle tournament and the review game lists the standards it practices on a small line under its focus line (for you, not the students): grades 6 to 8 indicators of the SHAPE America National Physical Education Standards and National Health Education Standards (2024). It practices part of a standard; it is review, not a full assessment.

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The 9 activities

- **Quiet Reading** quiet single · 45 min · p. 7
- **The Fact-Check Desk** quiet single · 40 min · p. 13
- **Writing Menu** quiet single, choose · 45 min · p. 16
- **Partner Check** pairs · 40 min · p. 20
- **The Class Hike Planner** pairs or threes · 40 min · p. 23
- **Puzzle Tournament** teams, puzzles · 41 min · p. 26
- **The Club Sign-Up Mix-Up** team logic · 40 min · p. 29
- **Smart Call Stand-Off** whole class · 40 min · p. 33
- **Whiteboard Quiz Game** whole class, teams · 35 min · p. 36

If the class is loud

- Switch to a quiet single activity: Quiet Reading, The Fact-Check Desk or Writing Menu. Nobody needs to move.
- In the scored games (Puzzle Tournament, Smart Call Stand-Off and Whiteboard Quiz Game), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every activity can start at any point in the period.
- The games are optional: a fun way to end the class or to use extra time.



Which activity when?

- A student says the class never learned this? Every activity reviews earlier work. Ask them to try the first problem with a partner, and leave me a note.
- The same activity in every period is fine: each class sees it once. The lesson plan (next page) lists all 9.
- A class that needs to settle: start with a quiet single activity. A restless class: a group activity uses the energy.
- Short period? One reading of Quiet Reading (about 20 min) fits. The Whiteboard Quiz Game (35 min) fits only if the class did other activities from this binder earlier, because it reviews them.

Before you leave

Please fill in the How It Went page at the back. It takes two minutes and I read every word. Thank you!

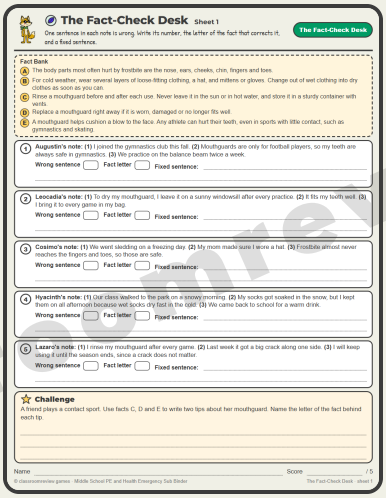
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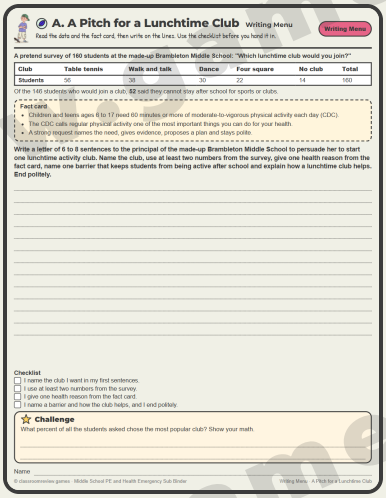
ONE PAGE OF EVERY ACTIVITY



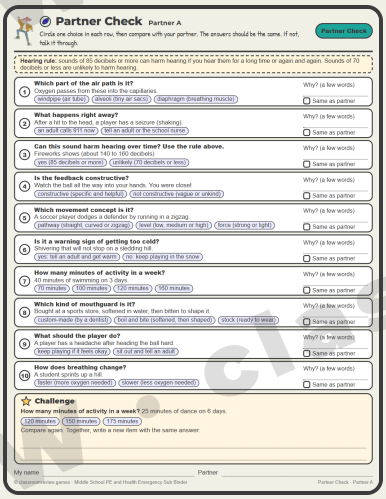
1. Quiet Reading, 45 min (solo)



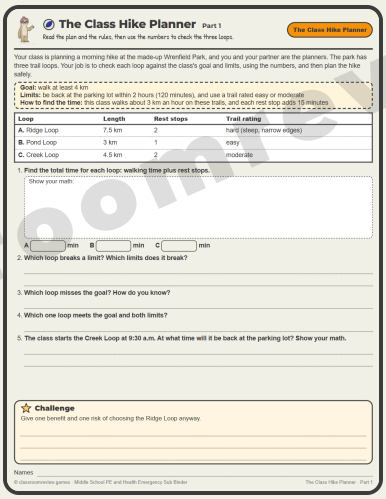
2. The Fact-Check Desk, 40 min (solo)



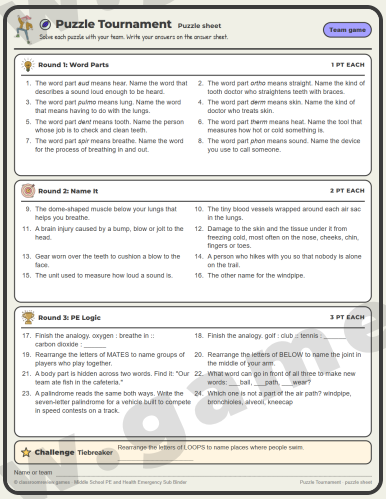
3. Writing Menu, 45 min (solo)



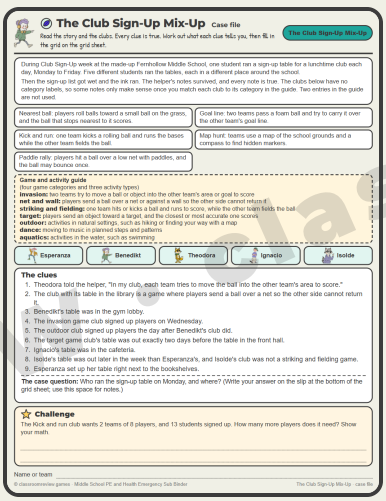
4. Partner Check, 40 min (pairs)



5. The Class Hike Planner, 40 min (pairs or threes)



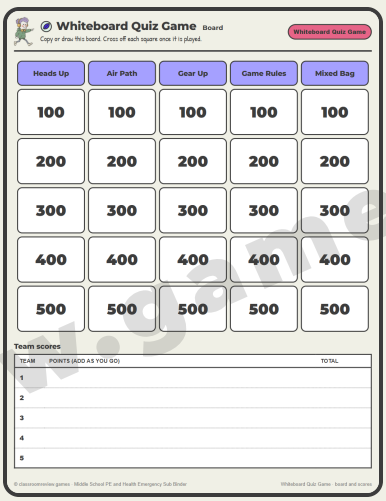
6. Puzzle Tournament, 41 min (teams)



7. The Club Sign-Up Mix-Up, 40 min (teams)



8. Smart Call Stand-Off, 40 min (whole class)



9. Whiteboard Quiz Game, 35 min (whole class)

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Every activity also has a sub script with a Say this to the class box



The Fact-Check Desk Sheet 1

One sentence in each note is wrong. Write its number, the letter of the fact that corrects it, and a fixed sentence.

The Fact-Check Desk

Fact Bank

- **A** The body parts most often hurt by frostbite are the nose, ears, cheeks, chin, fingers and toes.
- **B** For cold weather, wear several layers of loose-fitting clothing, a hat, and mittens or gloves. Change out of wet clothing into dry clothes as soon as you can.
- **C** Rinse a mouthguard before and after each use. Never leave it in the sun or in hot water, and store it in a sturdy container with vents.
- **D** Replace a mouthguard right away if it is worn, damaged or no longer fits well.
- **E** A mouthguard helps cushion a blow to the face. Any athlete can hurt their teeth, even in sports with little contact, such as gymnastics and skating.

1 **Augustin's note:** **(1)** I joined the gymnastics club this fall. **(2)** Mouthguards are only for football players, so my teeth are always safe in gymnastics. **(3)** We practice on the balance beam twice a week.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

2 **Leocadia's note:** **(1)** To dry my mouthguard, I leave it on a sunny windowsill after every practice. **(2)** It fits my teeth well. **(3)** I bring it to every game in my bag.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

3 **Cosimo's note:** **(1)** We went sledding on a freezing day. **(2)** My mom made sure I wore a hat. **(3)** Frostbite almost never reaches the fingers and toes, so those are safe.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

4 **Hyacinth's note:** **(1)** Our class walked to the park on a snowy morning. **(2)** My socks got soaked in the snow, but I kept them on all afternoon because wet socks dry fast in the cold. **(3)** We came back to school for a warm drink.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

5 **Lazaro's note:** **(1)** I rinse my mouthguard after every game. **(2)** Last week it got a big crack along one side. **(3)** I will keep using it until the season ends, since a crack does not matter.

Wrong sentence ☐ **Fact letter** ☐ **Fixed sentence:** .....

.....

☆ Challenge

A friend plays a contact sport. Use facts C, D and E to write two tips about her mouthguard. Name the letter of the fact behind each tip.

.....

.....

.....

Name ..... Score ..... / 5

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Puzzle Tournament

Puzzle sheet

Solve each puzzle with your team. Write your answers on the answer sheet.

Team game

Round 1: Word Parts

1 PT EACH

1. The word part *aud* means hear. Name the word that describes a sound loud enough to be heard.
2. The word part *ortho* means straight. Name the kind of tooth doctor who straightens teeth with braces.
3. The word part *pulmo* means lung. Name the word that means having to do with the lungs.
4. The word part *derm* means skin. Name the kind of doctor who treats skin.
5. The word part *dent* means tooth. Name the person whose job is to check and clean teeth.
6. The word part *therm* means heat. Name the tool that measures how hot or cold something is.
7. The word part *spir* means breathe. Name the word for the process of breathing in and out.
8. The word part *phon* means sound. Name the device you use to call someone.

Round 2: Name It

2 PT EACH

9. The dome-shaped muscle below your lungs that helps you breathe.
10. The tiny blood vessels wrapped around each air sac in the lungs.
11. A brain injury caused by a bump, blow or jolt to the head.
12. Damage to the skin and the tissue under it from freezing cold, most often on the nose, cheeks, chin, fingers or toes.
13. Gear worn over the teeth to cushion a blow to the face.
14. A person who hikes with you so that nobody is alone on the trail.
15. The unit used to measure how loud a sound is.
16. The other name for the windpipe.

Round 3: PE Logic

3 PT EACH

17. Finish the analogy. oxygen : breathe in :: carbon dioxide : _____
18. Finish the analogy. golf : club :: tennis : _____
19. Rearrange the letters of MATES to name groups of players who play together.
20. Rearrange the letters of BELOW to name the joint in the middle of your arm.
21. A body part is hidden across two words. Find it: "Our team ate fish in the cafeteria."
22. What word can go in front of all three to make new words: ___ball, ___path, ___wear?
23. A palindrome reads the same both ways. Write the seven-letter palindrome for a vehicle built to compete in speed contests on a track.
24. Which one is not a part of the air path? windpipe, bronchioles, alveoli, kneecap

Challenge Tiebreaker

Rearrange the letters of LOOPS to name places where people swim.

_____

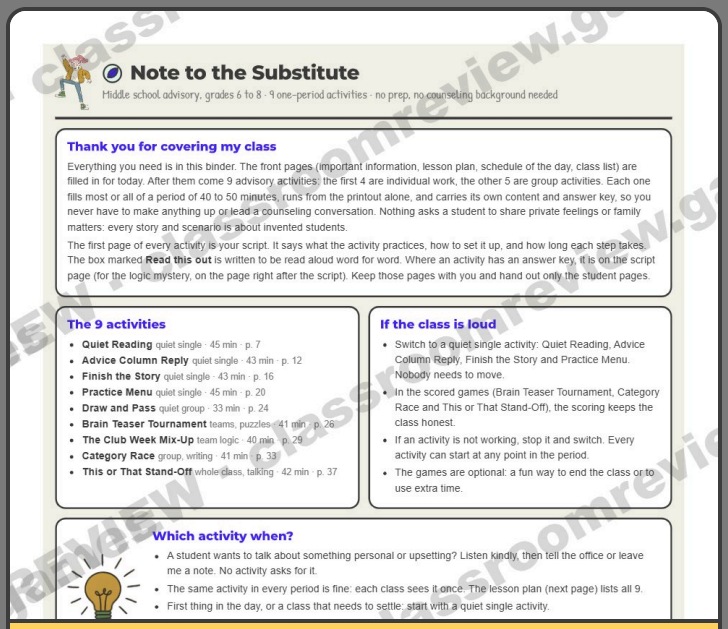
Name or team _____

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KIT 6 OF 6 39 pages · 9 activities · one day · grades 6 to 8

Middle School Advisory Emergency Sub Binder



Note to the Substitute

Middle school advisory, grades 6 to 8 · 9 one-period activities · no prep, no counseling background needed

Thank you for covering my class

Everything you need is in this binder. The front pages (important information, lesson plan, schedule of the day, class list) are filled in for today. After them come 9 advisory activities; the first 4 are individual work, the other 5 are group activities. Each one fills most or all of a period of 40 to 50 minutes, runs from the printout alone, and carries its own content and answer key, so you never have to make anything up or lead a counseling conversation. Nothing asks a student to share private feelings or family matters: every story and scenario is about invented students.

The first page of every activity is your script. It says what the activity practices, how to set it up, and how long each step takes. The box marked **Read this out** is written to be read aloud word for word. Where an activity has an answer key, it is on the script page (for the logic mystery, on the page right after the script). Keep those pages with you and hand out only the student pages.

The 9 activities

- **Quiet Reading** quiet single · 45 min · p. 7
- **Advice Column Reply** quiet single · 43 min · p. 12
- **Finish the Story** quiet single · 43 min · p. 16
- **Practice Menu** quiet single · 45 min · p. 20
- **Draw and Pass** quiet group · 33 min · p. 24
- **Brain Teaser Tournament** teams, puzzles · 41 min · p. 26
- **The Club Week Mix-Up** team logic · 40 min · p. 29
- **Category Race** group, writing · 41 min · p. 33
- **This or That Stand-Off** whole class, talking · 42 min · p. 37

If the class is loud

- Switch to a quiet single activity: Quiet Reading, Advice Column Reply, Finish the Story and Practice Menu. Nobody needs to move.
- In the scored games (Brain Teaser Tournament, Category Race and This or That Stand-Off), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every activity can start at any point in the period.
- The games are optional: a fun way to end the class or to use extra time.

Which activity when?

- A student wants to talk about something personal or upsetting? Listen kindly, then tell the office or leave me a note. No activity asks for it.
- The same activity in every period is fine: each class sees it once. The lesson plan (next page) lists all 9.
- First thing in the day, or a class that needs to settle: start with a quiet single activity.

Note to the substitute

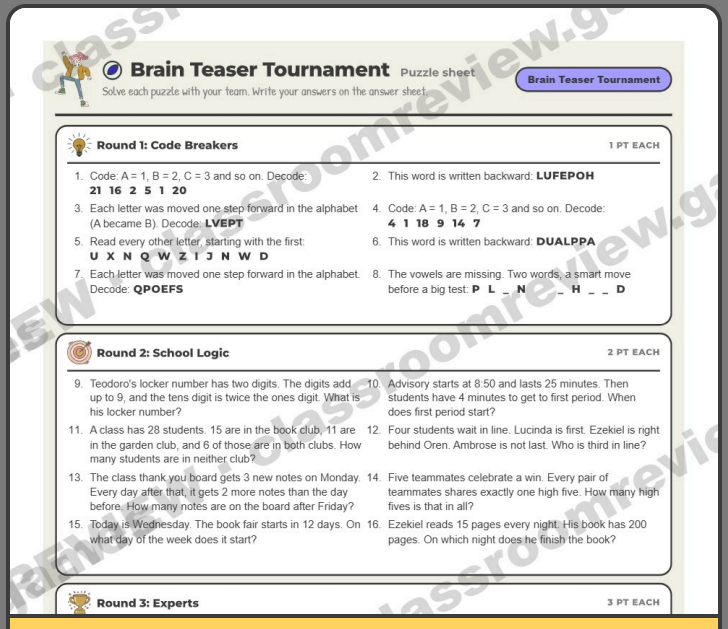


Lesson Plan

Filled in for today: 9 activities, 33 to 45 minutes each. Write the time of each period you use.

ACTIVITY	PLAN	PAGE
Quiet Reading Quiet single · about 45 min Time ____ : ____ to ____ : ____	• One reading and its question sheet per student; fast finishers take the other • Silent reading and questions, about 20 minutes per reading • Read the answers out from the key, or collect for me	p. 7
Advice Column Reply Quiet single · about 43 min Time ____ : ____ to ____ : ____	• Hand out the letter, the notes sheet and the reply sheet • Read the letter, take notes, then write a kind reply of about 50 words with two pieces of advice • Check the notes from the key; collect the replies	p. 12
Finish the Story Quiet single · about 43 min Time ____ : ____ to ____ : ____	• Hand out the story, the planning page and the writing page • Read the story, fill in the three planning boxes, then 25 minutes of silent writing • Collect the endings for me. The rubric is on the script	p. 16
Practice Menu Quiet single · about 45 min Time ____ : ____ to ____ : ____	• Three sheets on the desk: A Scrambled Skills, B Question Sort, C What Would You Do? • Students choose one, work alone in silence, swap it when done • Check against the keys on the script, or collect for me	p. 20
Draw and Pass Quiet group · about 33 min Time ____ : ____ to ____ : ____	• Groups of 6, one sheet each, pencils, total silence • Write a sentence, pass, draw it, fold, pass, write what the drawing shows. Call every pass • Reveal the chains at the end. Two rounds fit a period	p. 24
Brain Teaser Tournament Teams, puzzles · about 41 min Time ____ : ____ to ____ : ____	• Teams of 3 or 4, one puzzle sheet and one answer sheet per team • One round at a time, 1, 2 or 3 points per puzzle • Every answer is on the key. The key settles arguments	p. 26
The Club Week Mix-Up Team logic · about 40 min Time ____ : ____ to ____ : ____	• Teams of 3 or 4, one case file and one grid per team • Practice puzzle together from the script, then the case on their own • Teams hand in their answer; check it against the key and reveal	p. 29
Category Race Group, writing · about 41 min Time ____ : ____ to ____ : ____	• Groups of 4 or 5, each student plays alone, one sheet each • Say the letter, 3 minutes to write, then the group checks: unique answer = 1 point • Six letters on the script plus a tiebreaker	p. 33
This or That Stand-Off	• Write A and B on the board; everyone stays seated	p. 37

Lesson plan, filled in



Brain Teaser Tournament

Puzzle sheet

Solve each puzzle with your team. Write your answers on the answer sheet.

Brain Teaser Tournament

Round 1: Code Breakers 1 PT EACH

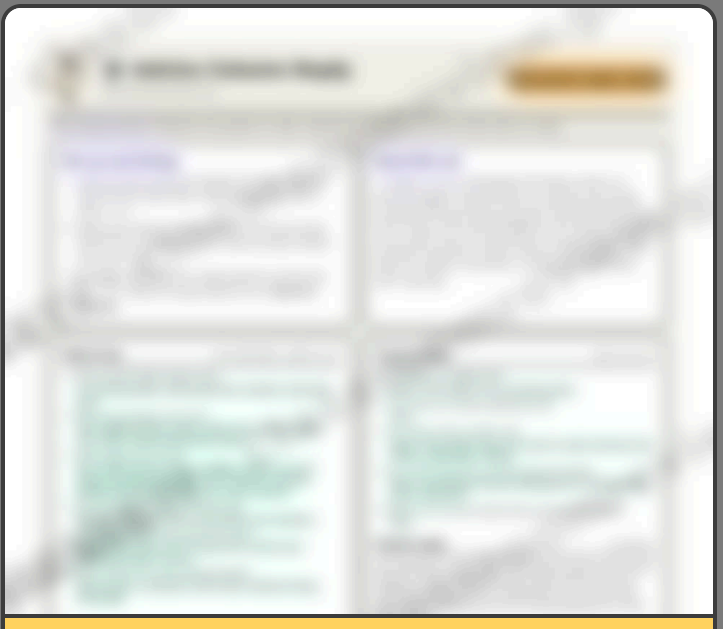
1. Code: A = 1, B = 2, C = 3 and so on. Decode: **21 16 2 5 1 20**
2. This word is written backward: **LUFEPOH**
3. Each letter was moved one step forward in the alphabet (A became B). Decode: **LVEPT**
4. Code: A = 1, B = 2, C = 3 and so on. Decode: **4 1 18 9 14 7**
5. Read every other letter, starting with the first: **U X N Q W Z I J N W D**
6. This word is written backward: **DUALPPA**
7. Each letter was moved one step forward in the alphabet. Decode: **QPOEFS**
8. The vowels are missing. Two words, a smart move before a big test: **P L _ N _ H _ _ D**

Round 2: School Logic 2 PT EACH

9. Teodoro's locker number has two digits. The digits add up to 9, and the tens digit is twice the ones digit. What is his locker number?
10. Advisory starts at 8:50 and lasts 25 minutes. Then students have 4 minutes to get to first period. When does first period start?
11. A class has 28 students. 15 are in the book club, 11 are in the garden club, and 6 of those are in both clubs. How many students are in neither club?
12. Four students wait in line. Lucinda is first. Ezekiel is right behind Oren. Ambrose is not last. Who is third in line?
13. The class thank you board gets 3 new notes on Monday. Every day after that, it gets 2 more notes than the day before. How many notes are on the board after Friday?
14. Five teammates celebrate a win. Every pair of teammates shares exactly one high five. How many high fives is that in all?
15. Today is Wednesday. The book fair starts in 12 days. On what day of the week does it start?
16. Ezekiel reads 15 pages every night. His book has 200 pages. On which night does he finish the book?

Round 3: Experts 3 PT EACH

An activity page



Sub script and answer key



Middle School Advisory Emergency Sub Binder

Emergency sub plans for middle school advisory, grades 6 to 8. The sub needs no counseling background: every step is on the page.

PREVIEW

What is included

- 7 front pages: binder cover, important information, note to the sub, the lesson plan filled in, schedule, class list and dismissal, how it went
- 9 activities, each with its own sub script and student pages (32 pages)
- 4 individual activities and 5 team, group or whole-class activities
- Answer keys, a rubric and model answers for the sub
- Color and ink-saver B&W, US Letter and A4

How it works

1. Leave the binder out. The lesson plan lists every activity with its page and minutes.
2. The sub reads the Read This Out box word for word.
3. Students work from their own pages, with the steps on the page. The sub needs no counseling background.
4. No prep and no tech: print and go.

The 9 activities, 33 to 45 minutes each

1. **Quiet Reading**, 45 min SOLO: reading for detail: curiosity and asking good questions, patience when progress is slow
2. **Advice Column Reply**, 43 min SOLO: finding the real question in a letter, speaking up in a group, giving safe and kind advice in writing
3. **Finish the Story**, 43 min SOLO: a good decision under pressure, honesty and fairness, saying no to a friend kindly, writing an ending
4. **Practice Menu**, 45 min SOLO: words for good character, open and closed questions, choosing a good next step in school situations
5. **Draw and Pass**, 33 min GROUP: clear communication without talking, kind school moments, patience while a message changes
6. **Brain Teaser Tournament**, 41 min GROUP: teamwork under time pressure, codes that hide upbeat words, logic and number puzzles about school life
7. **The Club Week Mix-Up**, 40 min GROUP: careful reading of clues (later than, the day after, only one is true), team jobs, reasoning, not guessing
8. **Category Race**, 41 min GROUP: quick thinking: ways to calm down, people who help at school, kind things to say, good qualities
9. **This or That Stand-Off**, 42 min GROUP: giving a clear reason, listening to the other side, disagreeing respectfully, changing your mind

What this preview shows: the note to the substitute, the lesson plan, the other front pages, one page of every activity, a sub script, four more student pages and one ink-saver page. Every product page is watermarked, and no answer key is shown. The full binder has 39 pages.



Note to the Substitute

Middle school advisory, grades 6 to 8 · 9 one-period activities · no prep, no counseling background needed

Thank you for covering my class

Everything you need is in this binder. The front pages (important information, lesson plan, schedule of the day, class list) are filled in for today. After them come 9 advisory activities: the first 4 are individual work, the other 5 are group activities. Each one fills most or all of a period of 40 to 50 minutes, runs from the printout alone, and carries its own content and answer key, so you never have to make anything up or lead a counseling conversation. Nothing asks a student to share private feelings or family matters: every story and scenario is about invented students.

The first page of every activity is your script. It says what the activity practices, how to set it up, and how long each step takes. The box marked **Read this out** is written to be read aloud word for word. Where an activity has an answer key, it is on the script page (for the logic mystery, on the page right after the script). Keep those pages with you and hand out only the student pages.

The 9 activities

- **Quiet Reading** quiet single · 45 min · p. 7
- **Advice Column Reply** quiet single · 43 min · p. 12
- **Finish the Story** quiet single · 43 min · p. 16
- **Practice Menu** quiet single · 45 min · p. 20
- **Draw and Pass** quiet group · 33 min · p. 24
- **Brain Teaser Tournament** teams, puzzles · 41 min · p. 26
- **The Club Week Mix-Up** team logic · 40 min · p. 29
- **Category Race** group, writing · 41 min · p. 33
- **This or That Stand-Off** whole class, talking · 42 min · p. 37

If the class is loud

- Switch to a quiet single activity: Quiet Reading, Advice Column Reply, Finish the Story and Practice Menu. Nobody needs to move.
- In the scored games (Brain Teaser Tournament, Category Race and This or That Stand-Off), the scoring keeps the class honest.
- If an activity is not working, stop it and switch. Every activity can start at any point in the period.
- The games are optional: a fun way to end the class or to use extra time.



Which activity when?

- A student wants to talk about something personal or upsetting? Listen kindly, then tell the office or leave me a note. No activity asks for it.
- The same activity in every period is fine: each class sees it once. The lesson plan (next page) lists all 9.
- First thing in the day, or a class that needs to settle: start with a quiet single activity.
- After lunch or with a restless class: a group activity uses the energy.
- Short period? These fit: Draw and Pass (33 min) and one reading of Quiet Reading (about 25 min).

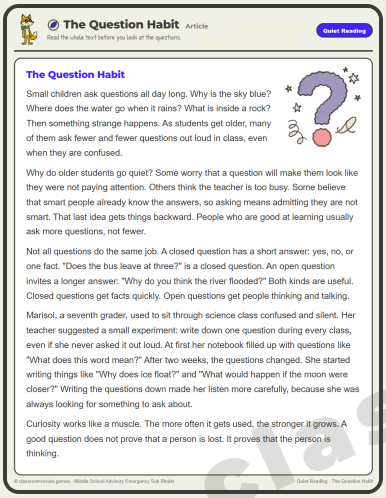
Before you leave

Please fill in the How It Went page at the back. It takes two minutes and I read every word. Thank you!

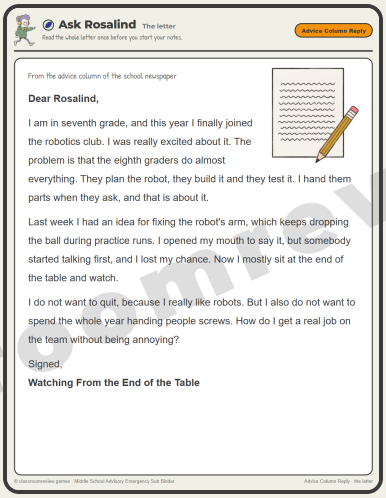


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ONE PAGE OF EVERY ACTIVITY



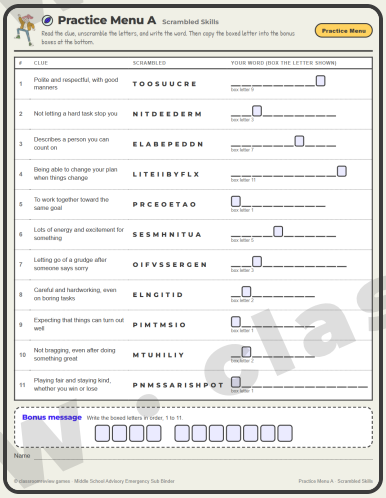
1. Quiet Reading, 45 min (solo)



2. Advice Column Reply, 43 min (solo)



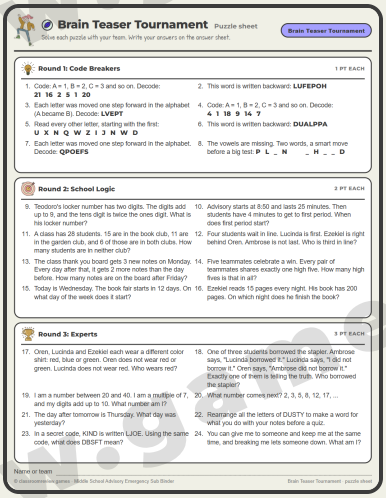
3. Finish the Story, 43 min (solo)



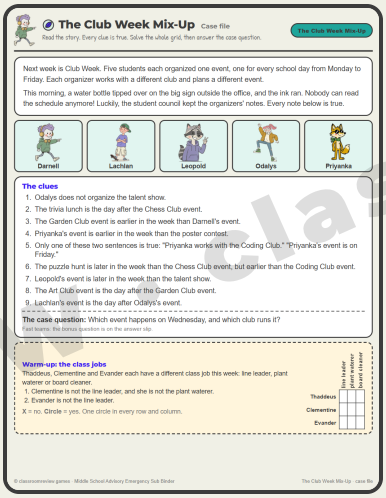
4. Practice Menu, 45 min (solo)



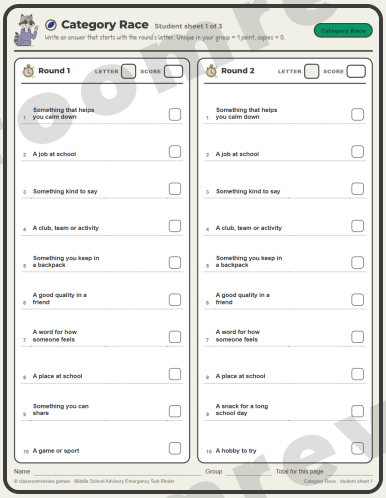
5. Draw and Pass, 33 min (group)



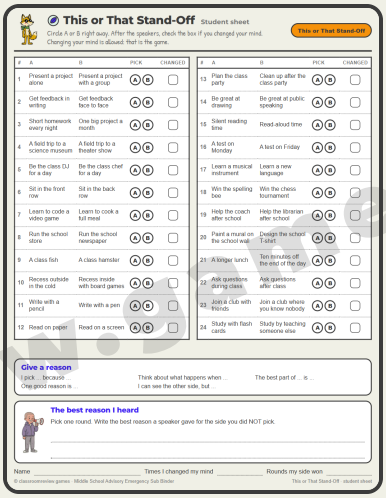
6. Brain Teaser Tournament, 41 min (group)



7. The Club Week Mix-Up, 40 min (group)



8. Category Race, 41 min (group)



9. This or That Stand-Off, 42 min (group)

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Every activity also has a sub script with a Read This Out box



Ask Rosalind The letter

Read the whole letter once before you start your notes.

Advice Column Reply

From the advice column of the school newspaper



Dear Rosalind,

I am in seventh grade, and this year I finally joined the robotics club. I was really excited about it. The problem is that the eighth graders do almost everything. They plan the robot, they build it and they test it. I hand them parts when they ask, and that is about it.

Last week I had an idea for fixing the robot's arm, which keeps dropping the ball during practice runs. I opened my mouth to say it, but somebody started talking first, and I lost my chance. Now I mostly sit at the end of the table and watch.

I do not want to quit, because I really like robots. But I also do not want to spend the whole year handing people screws. How do I get a real job on the team without being annoying?

Signed,

Watching From the End of the Table

EW • classroomreview.gam



Brain Teaser Tournament

Puzzle sheet

Solve each puzzle with your team. Write your answers on the answer sheet.

Brain Teaser Tournament

Round 1: Code Breakers

1 PT EACH

1. Code: A = 1, B = 2, C = 3 and so on. Decode: **21 16 2 5 1 20**
2. This word is written backward: **LUFEPOH**
3. Each letter was moved one step forward in the alphabet (A became B). Decode: **LVEPT**
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6. This word is written backward: **DUALPPA**
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8. The vowels are missing. Two words, a smart move before a big test: **P L _ N _ H _ _ D**

Round 2: School Logic

2 PT EACH

9. Teodoro's locker number has two digits. The digits add up to 9, and the tens digit is twice the ones digit. What is his locker number?
10. Advisory starts at 8:50 and lasts 25 minutes. Then students have 4 minutes to get to first period. When does first period start?
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14. Five teammates celebrate a win. Every pair of teammates shares exactly one high five. How many high fives is that in all?
15. Today is Wednesday. The book fair starts in 12 days. On what day of the week does it start?
16. Ezekiel reads 15 pages every night. His book has 200 pages. On which night does he finish the book?

Round 3: Experts

3 PT EACH

17. Oren, Lucinda and Ezekiel each wear a different color shirt: red, blue or green. Oren does not wear red or green. Lucinda does not wear red. Who wears red?
18. One of three students borrowed the stapler. Ambrose says, "Lucinda borrowed it." Lucinda says, "I did not borrow it." Oren says, "Ambrose did not borrow it." Exactly one of them is telling the truth. Who borrowed the stapler?
19. I am a number between 20 and 40. I am a multiple of 7, and my digits add up to 10. What number am I?
20. What number comes next? 2, 3, 5, 8, 12, 17, ...
21. The day after tomorrow is Thursday. What day was yesterday?
22. Rearrange all the letters of DUSTY to make a word for what you do with your notes before a quiz.
23. In a secret code, KIND is written LJOE. Using the same code, what does DBSFT mean?
24. You can give me to someone and keep me at the same time, and breaking me lets someone down. What am I?

Name or team .....

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